**Toastmasters District 19 Communications and Social Media:  
Stay up-to-date and engage with us!**

**District 19 Website**The source of official District 19 information, events, and resources: [www.district19.me](http://www.district19.me)**.**

**Facebook:**“Like” our official Facebook page:

* Click on [www.facebook.com/ToastmastersDistrict19](http://www.facebook.com/ToastmastersDistrict19) or in the search box on Facebook, search Toastmasters District 19.
* Stay up to date on upcoming events and accomplishments, learn public speaking tips, be inspired, and much more.
* Engage on the page by commenting on, liking, or sharing posts (this increases the reach of the post by sharing it with your Facebook friends)
* Invite your friends to like the page – you never know if it will convince one person to try out Toastmasters! (On the left column of the page, there is an “Invite friends to like this page” link)

Join the Facebook Group:

* If you want to have more private, behind-the-scenes discussions with current District 19 Toastmasters, join the private Facebook group.
* In the search box on Facebook, search District 19 Toastmasters and then hit the “request to join” button in the group.

**Twitter:**Follow @Toastmasters19 on Twitter or visit <https://twitter.com/toastmasters19>

* Engage with District 19 by letting us know what you are up to in Toastmasters, tweeting links and inspiration, connecting with Toastmasters around the world, providing feedback to others, etc.
* “Live-tweet” Toastmasters conferences and workshops to let people know what you are learning in the moment.

**Youtube:**Check out videos from the District at <https://www.youtube.com/user/D19Toastmasters>

**Meetup.com:**Meetup.com is a place to advertise you club meetings.

* What can you do? Join Meetup (it’s free!) and RSVP to your club meetings – a larger RSVP base could help convince others to check you out!
* Find your club’s meeting at one of the following links, and if your club is not listed, contact us to be added (this is primarily for open membership clubs):
  + [www.meetup.com/Dubuque-Toastmasters-Meetup](http://www.meetup.com/Dubuque-Toastmasters-Meetup)
  + [www.meetup.com/Toastmasters-D19-Des-Moines](http://www.meetup.com/Toastmasters-D19-Des-Moines)
  + [www.meetup.com/Toastmasters-District-19-Meetup](http://www.meetup.com/Toastmasters-District-19-Meetup) (Cedar Rapids area)
  + [www.meetup.com/Toastmasters-Northern-Iowa](http://www.meetup.com/Toastmasters-Northern-Iowa)
  + [www.meetup.com/Sioux-City-Toastmasters-Meetup](http://www.meetup.com/Sioux-City-Toastmasters-Meetup)
  + [www.meetup.com/Toastmasters-Eastern-Iowa](http://www.meetup.com/Toastmasters-Eastern-Iowa)   
     *If you have questions about these Social Media sites, contact Amanda Martin, District 19 Public Relations Manager, at* [*mandajmartin@gmail.com*](mailto:mandajmartin@gmail.com) *or Celeste Geralds, Social Media Director, at* [*tm\_cgq@yahoo.com*](mailto:tm_cgq@yahoo.com)

**Toastmasters International Social Media Sites:**

**Website:**

* [www.toastmasters.org](http://www.toastmasters.org)

**Facebook:**

* Facebook Fan Page: [www.facebook.com/ToastmastersInternationalOfficialFanPage](http://www.facebook.com/ToastmastersInternationalOfficialFanPage)
* Facebook Member Group: [www.facebook.com/groups/ToastmastersInternationalMembers/](http://www.facebook.com/groups/ToastmastersInternationalMembers/)

**LinkedIn:**

* LinkedIn Member Group: Go to [www.linkedin.com](http://www.linkedin.com) and search “The Official Toastmasters International Members Group”
* LinkedIn Open Group: Go to [www.linkedin.com](http://www.linkedin.com) and search “The Official Toastmasters International Group”

**Twitter:**

* Twitter: @Toastmasters, or <https://twitter.com/Toastmasters>
* Follow the Hashtag #Toastmasters to see what people around the world are tweeting about Toastmasters

**Youtube:**

* <http://www.youtube.com/toastmasters>