

The Transmitter

Issue 4

April—May 2005

Calendar of Events

May — Elect New Club Officers for 2005-2006

May 1– June 30 — “Beat the Clock “ membership contest

May 20 & 21 — District 19 Conference, Clear Lake, IA

June 9-11—Region IV Conference— Saskatoon, Saskatchewan—Canada

June 30 — Club Officer List to Toastmasters International

July — Toastmaster Leadership Institutes (see article for dates)

June– August — Officer Training

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District Proxies

A mailing of District 19 proxies went out at the end of April to all District club presidents and vice presidents of education. Each club receives two votes at the District 19 Conference. The proxy form can also be found in this Transmitter and on the D19 web-site. If the president or the vice president of education is not going to be able to attend the Spring Conference May 20 – 22 in Clear Lake, then that officer should sign the proxy over to a member of the club that will be attending the conference. A Toastmaster must be a member of that club in order to carry that proxy.

I would like to see as many people as possible attend the business meeting at the Spring Conference May 21 at 4:50 p.m. The District is picking the leadership for next year among other items on the agenda. You can hear all the candidates running for office at the Candidates Forum on Saturday, May 21 at 7:00 am. Each candidate will have two minutes to speak. Anyone running from the floor will also have the opportunity to speak at that time. Candidates running from the floor should turn in their paperwork to Jim Gilbert, nominating chair.

that don't operate without having a cup of coffee in the morning, there will be a Fellowship Breakfast at 6:30 am.

This is going to be a fun filled conference starting with the Toastmaster of the Year contest and followed by the Tall Tales Contest on Friday. I have certainly heard some tall tales this year as I traveled around the District.

Saturday is jammed packed starting with the Fellowship Breakfast at 6:30 am. and ending with karaoke some time after 9 pm. In that time the 2003 World Champion of Public Speaking 2003 Jim Key will speak, along with Iowa's own David Okerlund.

Clyde Eisenbeis will make parliamentary procedure fun. Also, Cliff Heinsch, candidate for Region IV International Director, will share a few words of wisdom. The Communication and Leadership Award winner will be honored at the luncheon, and Joan Johanson, Past International Director, will induct the new officers and share her knowledge at the evening banquet.



Diane Stone, DTM
District 19 Governor

Champions,” an opportunity to get advice from Key and Okerlund on contests and professional speaking. I encourage everyone to get plenty of rest before the conference because you will be getting up early and staying up late the weekend of May 20 –May 22.

That reminds me that the district would like to increase its members. The district is having a membership contest called Share the Passion. It started March 16 and runs until June 30. Details for this contest can be found in this Transmitter issue and on the D19 website. Share the Passion of Toastmasters and sign up as many new members as you can to your club. Is your club successful in recruiting new members? Share your success with the district and contact me.

So come to the District 19 Conference and “Catch the Passion” of District 19.

If you are one of those people who don't operate without having a cup of coffee in the morning, there will be a Fellowship Breakfast at 6:30 am. If you stay over on Sunday attend the “Breakfast of

It's Fun!



Marvyn Johnson,
ATMG
Lt. Governor of
Education & Training

It's coming....it's FUN....it's educational....it's FUN....it's a networking opportunity....it's FUN...it takes hours, days, months of preparation... it's FUN! It's the Fall and Spring District 19 Conference!

Our Spring 2005 Conference held in Clear Lake costs \$75 (if you register up to May 17th.) As a participant in the entire event, you spend about \$3.95 an hour for education and FUN! Where else can one get such a bargain?!?!

I have found the educational sessions to contain information that could help

me improve my speaking skills or help improve my club.

The conferences contain contests – the Humorous and Evaluation at the Fall Conference and the International Speech and Table Topics contest at the Spring Conference. This is a great opportunity to see the best in our District in action, plus I find this to be a great learning tool.

Serving as an evaluator was one of my least favorite duties at the Club meeting. After attending the Fall Conferences and observing the evaluation contestants, I saw a few techniques that I liked and tried. Now I enjoy being an evaluator!

DTM Sherrill Marske and I traveled to the Division A Conference in Storm Lake in April. On the way

home, we talked about the fun we had visiting with the Toastmasters from across the state. We have met and become friends with people we would have never met if it wasn't for Toastmasters. I feel like I'm attending a family reunion, not a Toastmaster Conference!

A conference is a great time to get away and have some fun. Friday night activities are sure to be filled with laughter and fun! Saturday's activities are enjoyable and packed with excitement.

If you haven't visited a conference, I highly recommend it. Talk to your fellow Toastmaster members and get a carpool going to the next conference. As the saying goes, "The more the merrier!"

One Last Push



Ike Rayford, ATMB
Lt. Governor of Marketing

As this Toastmaster year comes to a close, the urge to stop everything grows within us all. We figure if we are not going to achieve our goals for this year then we should give up and prepare for next year. I want to challenge you to hang on and give it one last push. Remember that we have until June 30th to achieve all the goals that you have set for the Toastmaster year.

Whether it is the Distinguished Club Program (DCP) or personal goals that you have set for yourself, there is time for that one last push. Take it one step at a time! If you need to give one more speech to obtain that

CTM, then go to another club nearby, and speak in front of a new audience. Remember they are Toastmasters too, so they know how you feel. What about club success modules, or leadership modules? This is a great time to give those modules. Help your club obtain whatever goal is left. Remember, when you help the club you are also helping yourself, because you the member are the most important element in the organization. So give it one last push.

Just a reminder, it is not too late to add new members to your club. It is never too late. Here is a tidbit of information for you. If you designate four members to bring four guests to the meeting, you have a great meeting. If your guests join,

there is one goal for the DCP. You have enhanced your club by four new members with creative ideas. Also, your club would be in the running for some prizes for the club that sponsors the highest percentage of new members. Check out the District 19 website or this newsletter for details. So, give it one last push!

Finally, I just want to say thank you for allowing me to serve you as the Lt. Governor of Marketing. It has been a true experience and I would not trade it for anything, but my work is not done, I have to practice what I preach and I have to give it one last push. So please help me complete some of the new club potentials out there. Let's give it one last push!

Extra Toastmaster Magazines

Are you getting more than one TM magazine? Consider those extra magazines as a great advertisement. Put a large label with your club information over your personal label, and take a few of the extras to the beauty shop, the doctors office, or the dental office with you. However, if you really don't want to receive all these copies, contact Kelly Murphy at kmurphy@toastmasters.org or 949-858-2865, ext. 230 to cancel one or more subscriptions. Kelly will need to know the members' names, clubs they belong to and under which club membership they would like their subscriptions cancelled.

New Clubs in District 19



Loren Toomsen, ATMB
Public Relations Officer

You know that good feeling you feel when someone new joins your club? We all know the feeling when a member stops attending. It's almost as if we're telling our story to a passing parade - folks step on board a while then they move on and new people take their place. Some folks stay longer than others. To each there is a season. Attrition! Attrition affects all organizations including Toastmasters.

At the District level Toastmaster clubs are not unlike Toastmaster members. Clubs come and clubs go. Attrition! It is important to all of us that your District officers not only work to serve your club, but also build new clubs to replace those clubs that disappear. Your Division and Area Governors are working very hard on building new clubs this year. The new club activity listed below is the fruit of their labor. That labor will produce Presidential Distinguished Areas and Divisions in District 19 this year.

- ◆ HawkTalkers #640899, West Des Moines, September 2004
- ◆ Amana Toastmasters #778447, Amana, April 2005

Contact: Jeff Christiaansen at 319-668-2550

- ◆ Quad City Executives, Davenport, Chartering April 2005
Man Communications Inc. 315 West Fourth Street, Davenport—
Contact: Annemarie Hovey at 563-579-0291 or ahov-ey@mancomm.com

Projected charters before June 30, 2005

- ◆ Keokuk Toastmasters, Keokuk, May 2005—Contact Jennifer Lawler at 319-463-5624 or lawlerdc@interlinklc.net
- ◆ High Voltage TMs, Des Moines, May 2005 -Contact: Roger Polt at 641-753-1444 or rogerpolt@marshallnet.com
- ◆ BIG (Business and Industrial Group) Mason City, May, June 2005
1602 Monroe Ave South, Mason City—Contact: Martha Taylor at 641-380-0193
- ◆ Iowa City corporate club, June 2005—University club in Des Moines, June 2005—Contact Thomas Lindaman, 515 243-2769
- ◆ Corporate club in Dubuque, June 2005

Projected charters before September 30, 2005

- ◆ Des Moines Storytellers, August, September 2005—Community Room, Merle Hay Tower, Merle Hay Rd & Douglas — Contact: Shirley Buttjer-Harmon at 515-957-8375, Alfred Edwards at 515-277-4107 or hanktalk@att.net and Connie Gordon at 515-277-9842 or cmgordon@midamerican.com
- ◆ A second corporate club in Dubuque, July 2005
- ◆ Corporate club in Des Moines, July 2005
Contact Thomas Lindaman, 515 243-2769
- ◆ Corporate club Cedar Rapids, July, August 2005

It's not wise to count our chickens before they hatch, of course, however, it is wise to write down our goals. The above list is a reasonable estimate based upon current activity. New club growth is alive and healthy in District 19.



High Voltage Toastmasters

By: Roger Polt

You'll be charged to the MAX at our meetings!" according to a spokesman for this new "Division C" Club.

The High Voltage Toastmasters began meeting at 1700 Dixon Street (Interstate All Battery Center) in eastern Des Moines in late January 2005. Under the guidance of Coach Martha Tinker, PDG, and mentors Jim Herteen and Roger Polt. Tom Stockebrand, PDG, was very instrumental in naming the fledgling group.

This Community Club received its Charter Fee from the Sponsoring Company's social committee, the LINK TEAM. The High Voltage Toastmasters meets from 12:05 to 12:55 every Thursday at the above address.

"If you set your highest priorities to include visiting a newly-forming Club, please be our guest," says the new President, Roger Polt. "You will need a pass key from our receptionist to enter the main work area of the building where we meet, but feel free to see what new blood can do to revitalize your Toastmaster spirits! It is wonderful to behold!

Members are from several departments of the Company, as well as several levels of management. One member is not employed by Interstate Battery Company at all."

At the rate this club is gaining new members, they intend to reach charter strength by the end of April.

If you wish to contact a member of the executive committee, call Roger Polt or VP of Education, Harold Otis, or VP of Public Relations, Heather Swanson at 800-203-6549.

"Share the Passion" Membership Contest?

Would five new members impact your club?

New members add energy, bring renewed enthusiasm and are fun. Everyone wins!

District 19 is sponsoring a District wide contest challenging each club to add new club members. The contest started March 16th. It concludes on June 30, 2005.

YOUR CLUB WINS by virtue of your new members -- but to make it interesting the club with the highest percentage of new members wins a FREE Full Registration to the District 19 Fall Conference in Carroll.

Second place club receives a \$25.00 gift certificate to the bookstore.

Third place club receives a \$10.00 gift certificate to the bookstore

District 19 is about 250 members below pace. That is, without an effort our District will miss our membership goal this year by about 250 members. We have until June 30th to meet this challenge. We will win this if we break the challenge into manageable pieces and push ourselves to go the extra distance and invite new members into Toastmasters. If everyone does his or her part then the entire District wins!

2005/2006 District Officer Candidates

By: Jim Gilbert, IPDG
2005 Nominations Chair

The following have been nominated for the following District 19 Officer positions for 2005:

District Governor
Marvin Johnson 2670

Lt. Governor Education & Training
Ike Rayford 2061

Lt. Governor of Marketing
Cliff Scherrer, Sr. 685

Division A Governor
Helen Jacobe 2094
Doug Nelson 386

Division B Governor
Doug Dougherty 3250

Division C Governor
Lisa Ackerman 3298
Shirley Buttjer-Harmon 9047

Division D Governor
Margie Oldehoeft 1765

Division E Governor
Gil Norris 2790

The above candidates meet the requirements for the above offices. All the candidates have signed and submitted their Officer's Agreement form.

Building Bridges

By: Regional IV Conference Organizing Committee

What do you get when you combine education, fun and friends? The Region IV Conference in Saskatoon, Saskatchewan, Canada ! (June 9, 10, 11th, 2005)

Toastmasters are "Building Bridges" and this conference is your opportunity to experience two full days of exciting educationals, great food and fun.

Come and meet the President of Toastmasters International. President Jon Greiner will be a key trainer for District Senior Leadership Program. He will also present a general session on Friday afternoon. Our keynote speakers include Bob Hooley and David

Brooks. Bob has earned the Toastmasters Accredited Speaker designation, one of a very small handful of people in Region IV to do so. David is the 1990 World Champion of Public Speaking and is in demand around the world.

This conference features world class speakers, trainers and Toastmaster leaders with a variety of educational sessions to choose from. Don't miss the chance to witness the selection of a finalist for the World Championship of Public Speaking. Unwind at the end of a busy day on Thursday, June 9th, with celebrations for Toastmasters' 80th and Saskatchewan's 100th birthdays. Friday, June 10th, you will experience the food and culture that Saskatchewan has to offer; bring your danc-

ing shoes too! Wrap up the conference on Saturday, June 11th, at the President's Banquet.

The 2005 Region IV Conference has everything a Toastmaster wants - education, fun and friends. Attend the conference on June 9, 10, & 11th. It is an event to be remembered for a lifetime!

Download and send in your registration now!

www.regioniv.net/2005conference/Registration%20Form.pdf

For more details on registration and conference highlights, visit:

www.regioniv.net/conference2005.htm



Discover the Secret to a Joyful Life

By: Ernie Moore, DTM

Joyfulness comes in as many packages as cornflakes. Everyone has their favorite. My favorite bowl of joyfulness comes from using the power of speaking to create something of monumental value. I have a question for you Toastmasters – are you hungry to increase your speaking skill and fill up on joy at the same time? Then read on.

I'm going to tie together a string of concepts that starts out first being about you, weaves into other territory and then comes back to being about you. The first concept is that of bringing joy into your life. A source of joy is service to others. Do you agree? To punch that up a bit, what about making a connection to something that impacts thousands of lives and is around for a hundred years. Isn't that an awesome concept? Specifically I'm talking about the need for a year-round camp for children and adults with mental and physical disabilities and their families. Some of you may be touched by this need. You may have a member of your family, your community or your church who would benefit from this project. Stay with me here, I'm not asking for money. I'm asking you to benefit yourself.

There is a place called Camp Courageous in North Eastern Iowa that provides a rich camping experience for

children who otherwise must stay on the side lines. It isn't enough. It's doing a great job, but the job is too big for one place. It provides respite care for families that are often on 24/7 duty taking care of their lovely child. This camp is a safe place, a comforting place, a place to be "normal" and have joy. The problem is that when Camp Courageous opens for reservations in the spring - in just one day - all available days and spots are taken. There is a massive waiting list.

There is a need far greater than Camp Courageous can satisfy. And, it is in North Eastern Iowa. You know how hard it can be to bundle up the family to go to the mall. Imagine living in Western Iowa and having to bundle up the family and a disabled child with special medical needs and trekking to Eastern Iowa. These children and families have high hopes that another safe haven can be developed to serve these overflowing needs.

Here's the part where it is about you. There are many people involved in getting a location, getting a sponsor, building facilities, laying out trails, sitting up a lake for fishing. You, as a Toastmaster, have the power of the spoken word. You can join this High

Hopes speaker's bureau and make speeches at service groups about the need for the camp, the joy such a camp will bring to the children and the respite it can bring to families. You can awaken interest in those who can help. You can make its presence known to those who need the services of the camp. As a Toastmaster, your gift of communication is a powerful and essential thing to make this project successful.

This camp will be built by the time, talent and treasure of volunteers, not government grants. It will be built by the people of Iowa to serve a genuine need. Your talent is essential to the success of this project. You can also use this as an

As a Toastmaster, your gift of communication is a powerful and essential thing to make this project successful.

opportunity to sharpen your speaking skill by talking to audiences outside of Toastmasters. And members of this High Hopes speakers' bureau are eligible for free personal success coaching or public speaking coaching.

I want to tell you more but space in the Transmitter is limited. Here's the pitch, catch it now. Call me - Ernie Moore at 515-224-6698. Email me at Ernie@CoachMoore4U.com. Let's have a conversation. I'll answer your questions; I'll welcome your suggestions. We'll have a bowl of joy together as we build this High Hopes speakers bureau and make a positive difference for some wonderful children and their families.

Toastmasters District 19 Proxy

I, _____ (the president or educational vice president) hereby give my proxy for
(Print Name)

_____ Club # _____ to _____
(Print Club Name) (Print Name)

to be voted at the District 19 Spring Conference, Saturday May 21, 2005 at the Holiday Motor Lodge in Clear Lake, Iowa.

Signed _____
(President or Educational Vice President)

Date: _____

Leadership That Leads

Conference Registration Form

District 19 Spring Conference 2005

May 20 - 21, 2005

Holiday Motor Lodge Clear Lake, Iowa

Saturday Communication & Leadership

NAME: _____

ADDRESS: _____

CITY, ST, ZIP: _____

E-mail address _____

Are you a guest? (circle): Y / N

(Circle) Your club office? Pres., VP Ed., VP Mem., VP PR, Sec., Treas., Sgt@Arms

CLUB Name & Number _____

TM level(s) Achieved _____

Phone number (____) _____

Your first District 19 conference? (circle): Y / N

Special Dietary Needs? _____

Six Conference Packages:

- 1 **The Entire Package** through Tuesday May 17, 2005 \$75.00
(All events including meals through Saturday banquet) (Not Sunday)
 - 2 **Registration only** no meals \$20.00
 - 3 **Friday Night** *includes meal* \$20.00
 - 4 **Friday Night & Saturday Morning** *breakfast, all events* \$35.00
 - 5 **All events Saturday** includes breakfast & lunch \$40.00
All events Saturday includes breakfast, lunch & banquet \$65.00
 - 6 **Sunday "Breakfast of Champions"** \$15.00
Featuring Jim Key, David Okerlund and a bountiful brunch
- Full Conference after May 18 & at the door (all events) \$80.00

Luncheon (*IMPORTANT*: circle your choice)

- * Vegetarian Lasagna
- * Meat Lasagna

Saturday Eve Awards Banquet:

(*IMPORTANT*: circle your choice)

- * Chicken Supreme
- * Grilled Salmon
- * Garlic Roasted Prime Rib
- * Vegetarian

Sunday (elective)

"Breakfast of Champions"

Featuring:

Jim Key & David Okerlund

A one-on-one Q & A focused upon

"Professional and Contest Speaking"

-- over a bountiful brunch.

- ♦ **Jim Key:** World Champion of Public Speaking, "Hitting the Mark: The Quest for Excellence"
- ♦ **Dave Okerlund:** Professional Public Speaker, "Seven Traits of Dynamic Communicators in Leadership Roles"
- ♦ **Clyde Eisenbeis:** "A'maze'ing Rules of Robert"

- ♦ **Tall Tales Fun Folk Festival, International Speech Competition, Table Topics Contest**

- ♦ Saturday Evening Karaoke by **Star Dog**

Sign Me Up for the Tall Tales Friday Fun Folk Festival

____(Use check mark) I've got a great tall tale to share. Contact Doug Nelson: dnelsons@netins.net. Conference web address: <http://district19.us/conferences/2005Spring/>

Make check payable to **District 19 Toastmasters**. Mail with registration form to: Loren Toomsen, Spring Conference Registration, 1200 Ninth Avenue North, Clear Lake, IA 50428-2125.

Conference Questions? susansaltou@mchsi.com (641-420-7274) or pafways@netins.net (641-357-6247)

Accommodations: Blocks of rooms have been reserved at the Best Western Holiday Motor Lodge(641-357-5253) (800-606-3552). Toastmaster rates \$75.00 + 10% tax. Your credit card is not charged until you check in.

Awards/ Recognition

Educational Awards

CTM

164 Eric Roalson
 684 Shashi Tirumali
 684 Maureen Szlemp
 875 Donald Roberts
 1765 Tara Wirth
 2187 Marilyn Loupee
 3049 Dale Richardson
 3135 Jeffrey Bradford
 3193 Kevin Olsen
 3193 Timothy McCulloh
 4477 Lauren Pedersen
 4804 Caryn Young
 6582 Heidi Green
 7858 Michael Donahey
 7889 Orlando Nunez
 7889 Marlon Smith
 7978 Danny Whitlock
 7978 Ann Kock
 9047 Frances Hawthorne
 9211 Lisa Yegge

CL

386 Dennis Donovan
 386 Lee Briggeman
 1039 Ralph See
 1991 Brigid Rocca
 2791 Joan Johanson
 2791 Jacque Johanson
 3193 Kevin Olsen

3515 Mary Platten
 4991 Todd Osborn
 5819 Bessie Parker
 5819 Anne Sexton
 7889 Antony Dillard
 7889 Kevin Brown
 9211 Linda Cluney

ATM– Bronze

164 Robin Ungar
 386 Lee Briggeman
 684 Robert Schmit
 684 Kevin Livengood
 3049 James Sandin
 3595 Roman Lynch
 5080 Joanne Brown
 7889 Anthony Dillard
 9047 Frances Hawthorne
 9211 Linda Wallace

ATM-Silver

386 Loren Toomsen
 7515 Betty Krueger

ATM-Gold

6582 Sandy Logemann
 7978 LeAnn Blankenburg

Excellence in Leadership

3250 Manuel Lara
 9047 Alfred Edwards

“7 Out of 7” Club Winners

District 19 recently conducted an officer training contest. Each club that had “7 out of 7” club officers trained was eligible to receive a free registration to the District 19 Conference. One club winner was selected from each division. The winners of this contest are:

Division A
 WIT Masters
 Division B
 Downtowners Watts of Talk
 Division C
 3298 Diplomats
 Division D
 4605 Johnston Toastmasters
 Division E
 3896 Bandag

Congratulations to these clubs and to every club that had “7 out of 7” officers trained. Keep up the good work!

Toastmaster Leadership Institutes

The TLI for **Division C & D** will be on June 4 at the EMC building in Des Moines. Registration will be at 8 am and the TLI will start at 8:30 am. This TLI has many new presenters as well as many seasoned presenters, and will definitely give our new officers a good send off on their new paths as club officers. All are welcome to come and enrich their knowledge of the Toastmasters organization and duties. Lunch will be served and a registration fee will be charged at the door.

Northern Lights TLI will be Saturday June 18, 2005 Hamilton College Rooms 105 & 106 Taft & Fourth Street S.W. Mason City, Iowa, 9:00 am to 11:45 am, \$1.00 registration. Optional Fellowship luncheon (Post Toasties) . . . @ Fourth Street Diner across the street / 12:00 noon

The following TLIs are still in the process of finalization: **Combined B & E, Siouxland TLI** Sioux City, Iowa And **Soar With The Eagles TLI** Muscatine. Watch for future details from Area and Division governors.

**TOASTMASTERS INTERNATIONAL
DISTRICT 19
OFFICIAL NEWSLETTER
PO BOX 209
DES MOINES, IA 50301**

Transmitter Editor

Connie Gordon, ATM-G, CL

Copy Editors:

Jennifer Williams, ATM-S

Meg Polly, ATM-B, CL

Julia Venzke, DTM



Toastmaster District 19

[Http://district19.us](http://district19.us)

District 19 Contacts

Diane Stone, DTM
District 19 Governor
dstone@co.polk.ia.us or 515-237-8201

Jim Gilbert, ATM-G
Immediate Past District Governor
Jwtellatale@aol.com or 712-258-2330

Marvin Johnson, ATM-G
Lt. Governor Education & Training
marbud@cableone.net or
712-274-2553

Ike Rayford, ATM-B
Lt. Governor, Marketing
ikerayford@hotmail.com or 712-276-
5882

Loren Toomsen, ATM-B
Public Relations Officer
pafways@netins.net or 641-357-6247

Darla Welch, ATM-S
District Secretary
darla.welch@iowa.gov or 515-279-
7850

Loren Toomsen, ATM-B
Website Administrator
pafways@netins.net or 641-357-6247

Carrie Dostal, ATM-B
District Treasurer
cdostal@fbfs.com or 515-727-6480

Connie Gordon, ATM-G
Transmitter Editor
cmgordon@midamerican.com or 515-
277-9842

LeAnn Blankenburg, ATM-S
Division A Governor
blankel@witcc.com or 712-944-4895

Diane Christiaansen, ATM-B
Division B Governor
dtmaster@avalon.net or 319-668-2550

Thomas Lindaman, ATM-S
Division C Governor
AceofSwrds@aol.com or 515-243-
2769

Lois Chopard, ATM-S
Division D Governor
Lois_chopard@yahoo.com or 515-795-
3021

Cliff Scherrer, Sr., ATM-G
Division E Governor
cscherr@mpw.org or 563-264-2311

Julia Venzke, DTM
District Librarian
visual-eyes@trxinc.com or 319-364-
7703

New Club Members

Be sure to have the Vice Presidents of Membership send in the contact information for new club members to the Transmitter editor. The editor will add this new Toastmaster to the Transmitter mailing list. If a new member would like a copy of a past Transmitter issue, one can be obtained from the District 19 website at <http://district19.us>.