

# The Transmitter

Toastmasters International District 19 Official Newsletter -- December 2005

## Dates to Remember

### JANUARY 2006:

**January 21 - 22**  
**Mid - Winter District Officer Training**

**Saturday January 28**  
**Executive Committee Meeting**  
Farm Bureau Building  
5400 University Ave.  
West Des Moines, Iowa  
8:30 am registration to 3:00 pm  
Lunch: Dutch treat / restaurants are nearby Contact Darla Welch  
DARLA.WELCH@iowa.gov

**Area Governors**  
Second period club visits  
(January, February, March)

**Club Officer training**  
(December, January, February)

### FEBRUARY 2006:

**Talk Up Toastmasters! Contest**  
**February 1 - March 31**

**Club Speech Contests:**  
If practical complete your club Speech Contests in February or at least two weeks before your Area Contests.

**Club Officer training**  
Must be completed before February 28 for DCP credit

**Division and Area Governor training**  
Must be completed before February 28 for DCP credit

**Area Governors**  
Continue second period club visits  
(January, February, March)

### MARCH 2006:

**Area Speech Contests:**  
If practical complete your Area Speech Contests in March or at least two weeks before your Division Contests.

**Proxy certificates are mailed to club president**, enabling club to vote at Regional Conference Business Meeting and Annual Business Meeting held during the International Convention.

**Saturday March 18**  
**Executive Committee Meeting**  
Farm Bureau Building  
5400 University Ave.  
West Des Moines, Iowa  
8:30 am registration to 3:00 pm  
Contact Darla Welch  
DARLA.WELCH@iowa.gov

**Area Governor visits**  
Complete by March 30  
If not filed online (recommended) forms must be mailed to District 19 Governor Marvin Johnson by April 30th

### Transmitter Deadlines

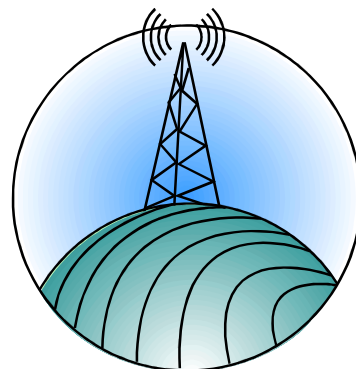
Feb. 1, 2006 (Publish Feb. 15)  
April 1, 2006 (Publish April 15)  
June 1, 2006 (Publish June 15)

**Transmitter Editor**  
Sara Yeager, CL  
Siouxland Ciceros Club



Thank you for your most generous patience with the publication of our first Transmitter for the 2005-2006 Toastmaster year. And what a year it has been thus far. We attended an awesome Fall Conference in Carroll and are looking forward to the Spring Conference in Sioux City.

Please forward any information, articles or pictures you would like included in the Transmitter by the deadline dates notes below and we'll do our best to include everything we receive. On to 2006!!!





### **District 19 Governor**

Marvin Johnson, DTM  
Siouxland Ciceros Club

### **Step Up To The Plate**

Fellow Toastmasters!

Each day we are faced with challenges - some minor and some major. We can view these challenges as obstacles and not proceed with life or, we can step up to the plate and use those challenges as growing opportunities.

As a Toastmaster, I'm asking you to step up to the plate and grow as a Toastmaster. You can give manual speeches, invite guests to meetings, serve as a Club officer, sponsor and/or mentor a Club, become a Club Coach, serve as a District Officer. The possibilities for growth as a Toastmaster are there, you just have to step up to the plate.

I plan to "step up to the plate" and do what I can to make District 19 a distinguished district. Won't you please join me? ∞



### **Lt. Governor Education & Training**

Ike Rayford, ATM-B, CL  
Top O Morning Toastmasters Club

### **Toastmaster Leadership Institute**

What is Toastmasters Leadership Institute (TLI)? A TLI is a recommended option for Districts to provide club officer training. The TLI format differs slightly from more traditional approaches to club officer training as it separates training into concurrent sessions or "courses". The primary purpose for a TLI is proper training of club officers, no other consideration may interfere with this objective.

Current and incoming club officers should attend a TLI. Toastmasters that do not hold an office, but that is interested in learning about or improving their Toastmaster leadership and communication skills may also attend, and this applies to guest as well.

For the winter club officers training the senior district officers have decided to put on a district-wide TLI for all the club officers to attend in Des Moines. The program will consist of past district governors as well as current district officers. What a way to start the second half of your Toastmaster year off with a very powerful, educational TLI put on by some of the best in the district.

The benefits are numerous for all of you wondering if you should attend. One it ensures that you will receive recognition in the Distinguished Club Program; clubs receive credit in the Distinguished Club Program for club officers trained. Also this is a great opportunity to surpass our current goal of 84% officers trained. Can you help me beat this goal?

Just remember the delivery of a TLI should support and not detract from the District/Club mission. The objectives of a TLI are to train club officers, help the District build clubs, assist clubs in attracting and keeping members, and encourage educational achievement within clubs. Mark your calendars the District TLI is coming in January 2006, plan to attend. ∞

### ***Toastmaster Testimonial***

Fellow Toastmasters,

I fretted all week about a presentation I had to give at 4:00 yesterday afternoon to a group of 35 design quality engineers who had been in a two-day conference. I was asked to present 'closing remarks' for 10-15 minutes, tying the whole conference together. I thought - oh brother, how am I going to hold these guys' attention when the only thing standing between them and the door to freedom is my closing speech?

I was still blank yesterday morning on how to approach these remarks so I picked up my December issue of Toastmasters magazine and started flipping through it. Lo and behold, there was an article titled "Dazzling Speech Openers" ! I read it, and immediately saw an approach I could take to my remarks.

I'm here to tell you that I HAD FUN with my closing remarks, and I know the audience HAD FUN as well. I engaged them in a pop quiz, complete with props, and they laughed along with me. For one of the first times in my life, I felt the power of having the audience in the palm of my hand. It was an amazing thing to experience! I'm still flying high about it. And I got feedback from two of my peers this morning who asked me (separately) - how did you ever come up with that clever opening to your speech?! I told them they needed to come to Toastmasters meeting with me to find out ! :-)

So I just wanted to tell you how tickled I am to have found this organization and the great tools available to me. I do believe there is hope for me yet as a good public speaker!

Best regards,  
Elizabeth Ray  
Collins Avionic Toastmaster Club

### **District 19 TLI's**

**All District 19  
Saturday January 28, 2006**

Farm Bureau Bldg.

Auditorium

5400 University Av

W. Des Moines, IA

**Division B & E  
Saturday January 21, 2006**

Kirkwood KTOS Learning Center

3375 Armar Drive

Marion, Iowa

**Northern Lights  
Saturday January 21, 2006**

United Methodist Church

201 3rd Ave. N.E.

Clarion, Iowa



### **Lt. Governor, Marketing**

Cliff Sheerer, Sr., ATM-G  
Muscatine Club

### **Happy New Year!**

Seasoned Toastmasters know our Toastmaster program year begins July 1 and ends the following year on June 30. Since this is the first opportunity to prepare a Transmitter article as Lieutenant Governor Marketing (LGM), it my first opportunity to wish all of you a happy and successful New Toastmasters Year.

With each new Toastmasters year comes new District Officers, new enthusiasm, new ideas and new goals. Our District Governor Marvin Johnson, like Immediate past District Governor Diane Stone, has one goal - that the District be distinguished again for the year 2005-2006.

The LGM (that's me) tracks new club development and existing club membership growth. One aggressive goal is to charter nine new clubs before June 30, 2006. That's about one club every forty days!

A second goal is to help build club membership. If you are a member of a club with 12 or fewer members, then let's talk. Connie Gordon has a list of Toastmasters waiting to help build membership, and at the same time, achieve a requirement for the Advanced Leader (AL) designation. Wow! You can help your club while you help a Toastmaster complete another requirement to ultimately achieve the Distinguished Toastmaster (DTM) designation!

A third goal is strengthen clubs. Maybe your club achieved four or fewer goals toward the distinguished club designation last year. Don't give up. Again, Connie Gordon has a list to Toastmasters with energy and fresh ideas that can make a difference. Believe it or not, several clubs race to see which one is first to achieve all 10 distinguished club program goals. If you want this kind of energy in your club, contact me and we'll get the ball rolling.

You might be asking yourself, "What difference can I make?" Last year the District was distinguished by only one member. This achievement was possible because new clubs formed; new members joined established clubs, and members joined more than one club. Who was that "one" member that made the difference? It was all of us.

Let's step up to the plate again and become a Distinguished District for a second straight year! ∞

*Editor's Note: Cliff resigned as District 19's Lt. Governor of Marketing for personal reasons. Loren Toomsen will be replacing Cliff for the remainder of the Toastmaster Year. Our thoughts and best wishes are with Cliff.*



### **Public Relations Officer**

Doug Nelson, CL  
Shibboleth Club

### **Why Did You Join TM?**

I've asked this of dozens and although the answers have varied, it always comes down to one thing, an opportunity. An opportunity to face a fear, an opportunity to improve, an opportunity to socialize, and opportunity to network: opportunity knocked and you answered.

Now that you are comfortable being a part of your club, do you still hear the call of opportunity?

The communication track offers the ability to reach for your potential beyond the communication and leadership manual. Not only can you pick different skill sets to develop in the advanced manuals, each year offers the opportunity to go back and refocus your skills by completing the CTM manual again. I'm looking to redo mine with an emphasis on comedy. What skill could you focus on?

The leadership track challenges you to be a club officer and develop the skills of business and teamwork. Leadership modules allow you to refine your presentation skills while you help others to understand a valuable lesson. The Competent Leader Award is an opportunity that is overlooked by hundreds of club officers each year, are you one of them?

Perhaps the biggest missed opportunity is the Toastmasters world available to you outside of your home club. Your dues provide access to clubs all over the world, entry to world-class training, and the excitement of watching or participating in speech contests. Are you using what you paid for?

How often have you thought, 'I wish someone would visit our club'? Do you take the opportunities that face you every day and ask someone to be your guest? Try something new, ask them to come with you and visit another club for the first time, be nervous together and face the unknown.

Ask your club to change the meeting place next month, just for one time, to face the unusual environment and different audience that might come to see what you are doing. Ask another club to exchange a speaker/evaluator team. Be a guest yourself in another type of club meeting such as a Rotary or Chamber of Commerce meeting. Push to use the skills you've been building.

The District Website is a great place to find opportunities. Find out where other clubs meet, where educational training is being held, and check the 'help wanted' page to see who needs the skills you have. Looking to mentor or coach a club? Do you want to join an advanced club? Do you want to ask a question or put out a notice about an occurrence in your life? All of these things can be done on your District 19 Website: <http://district19.us/>

Each of us joined Toastmasters because of the opportunities it offered us at the time. It has so much more in store for you. Listen: opportunity is knocking. ∞



## **Step Up to the Plate**



District 19 Spring Conference May 5 & 6, 2006  
Clarion Hotel and Conference Center Sioux City, Iowa



## Website Spotlight

### District 19 Website Administrator Loren Toomsen, ATM-B Shibboleth Club

#### Website Membership Tools!

You've just got to see this! A new light has been added to our District 19 website. It illuminates our target for a second Distinguished win! New this year is a report ranking clubs by membership size.

Near the top right hand corner of <http://district19.us/> you'll find a "Currently Ranked" box. Inside that box click "Your DCP Status." The story in that report is crystal clear, Distinguished clubs meet the needs of their members. We ended last year with 35 Distinguished clubs. We need to end 2006 with a minimum of 45 Distinguished clubs to put District 19 back in the running with the big dogs.

Meeting our District membership goal has traditionally derailed our Distinguished effort. Yes, we did pull out all the stops and scrambled to meet our membership goals for our win, but we received a payoff. The word "Distinguished" has returned to our District vocabulary.

The purity of our win will only be realized if District 19 is Distinguished two years back-to-back. The last time our District pulled off back-to-back Distinguished wins was nineteen years ago, part of the longest Distinguished streak in our history. Would you believe five Distinguished years in a row? What makes that even more spectacular is that streak was preceded by a four year winning streak from 1979 to 1982.

How'd we do it back then? As a team we built memberships on two fronts early in our year and never let up.

Our formula made sense. Sixty memberships from one new club! A new charter adds twenty new memberships. It follows new clubs that renew on September 30<sup>th</sup> count a second time, and a third time the following March 31<sup>st</sup>. Another way to look at this is five new clubs chartering before September 30<sup>th</sup> means 300 memberships. How do we create five new clubs before September 30<sup>th</sup>? Those clubs are unfinished business carried over from the prior year. The time to win Distinguished is before September 30<sup>th</sup>. The energy flow simply never stops and is transmitted from year-to-year.

To focus our energy on following up new club leads with vigor, our D19 website has a tool available to all District EC members. That tool is found under the "New Clubs" link. This year our LGM Cliff Scherrer is skillfully using that new tool as a basis for our "All Star" baseball game pitting Apathy against District 19. As Team-19 hones our new-club-building skills and emphasis is placed on new members, memberships will become an automatic contributor to our being repeatedly Distinguished in the years ahead.

How about six consecutive Distinguished years? 2004 – 2010? I would encourage you to follow your clubs contribution to our membership building activity on our District 19 website! Let's set our course for a new District 19 Distinguished winning streak! ∞



#### Toastmaster Tidbits

Clyde Eisenbeis  
Crosswinds Club

One aspect of Toastmasters that is not easily recognized is the friendships that develop from being a member of a Toastmasters club. Every time a person speaks, they reveal a little bit about themselves, their character, their hobbies, their interests, their opinions. Over a period of time, the members get to know each other **very well**. This leads to trusting relationships that are the foundation of friendships.

New in a community? Toastmasters is an excellent way to meet folks. Want to increase your circle of friends? Toastmasters helps establish new friendships. Like to help others? Toastmasters provides many opportunities to work with others. Want to increase people skills? Again, Toastmasters fits the bill.

Is Toastmasters the answer for everything? Hardly. But it sure provides a fun way to learn, to increase skills, and to establish friendships with humorous, enthusiastic folks.

∞



#### Parliamentary Procedure

Maralyn Grimoskas, ATM-G  
Siouxland Ciceros Club

Parliamentary law is the basis of all constitutional governments. By protecting and practicing correct parliamentary procedure, we also protect our democratic institutions. Parliamentary procedure protects the rights of people to join together to accomplish common goals and enables them to debate and take action in a fair manner with the least amount of controversy.

The rules of parliamentary procedure are based on common sense and logic. They have evolved throughout centuries of usage and custom. Parliamentary rules protect:

- ...the right of the majority to decide;
- ...the right of the minority to be heard;
- ...the rights of individual members;
- ...the rights of absentees.

All of parliamentary procedure is built on the principle that there must be a careful balance of the rights of the organization as a whole, the rights of subgroups and the rights of individual members.

Parliamentary procedure should be used to help and not hinder decision making.

∞





Connie Gordon and Richard Steffens.



Quinn Palmer, Ann Illg, Ed Parker and Bob Vipond. Connie Gordon is facing the group of four.

## Training Made Fun!

By: Connie Gordon, ATM-G Mid City Club

Twice a year Toastmaster club officers have the opportunity to be trained in the responsibilities of their office. Training consists of information on each of the club officer positions and the distinguished club plan. Attending training twice a year helps your club achieve one of the Distinguished Club Plan goals.

But, who ever heard of fun club officer training? We don't usually think of training as being fun and informative. However, that is just what club officers in the Des Moines area received on August 18th. Twenty-one people showed up to play a game of "Officer Feud". The participants were divided into four teams, which then competed to win "100 Grand" candy bars. A sampling of District 19 Toastmasters was surveyed to determine the most important roles of each club officer. The top answers were used as the answers of the game. After completion of the game, a listing of all the responsibilities for each club officer position was given to the participants. Also given to the club officers was a certificate of training and a complimentary "100 Grand" candy bar.



Celebrating their win is Jasen Nelson, Paul Freeman, Erin Petterson, Carol Stevens, and Brett DeBruyn.



Jeanne Hunt,  
Area 52 Governor

## Greater Des Moines Toastmasters Club: 45 Years of Distinguished Service

Greater Des Moines Toastmasters Club chartered on March 15, 1960, and has been providing its members and community with distinguished service for over forty-five years. In celebration of this milestone, the members celebrated with a 45<sup>th</sup> Anniversary Dinner Party.

Featured at the dais were Past District Governor Cleon Babcock, who represented the Club Charter, and Mr. Caesar Smith, who treated us with a powerfully motivational speech as our special guest speaker. The guests of honor were all worthy of that designation, as these six members (pictured below) have a combined Toastmasters experience of 206 years.

All who were in attendance rededicated themselves to furthering this rich heritage of service excellence for the next forty-five years, and beyond. And we acknowledged the fact that Greater Des Moines Toastmasters owes its longevity and success to the vision, mission, and ideals of Toastmasters International, and its continual committed devotion to the same. ∞



206 Years of Toastmasters Experience  
Leander Harrel (1970), John Bloem (1967), Thomas Fisher (1973), Madeline Kaloides (1980), James Bennett (1965), and Dale Richardson (1969).

**CONGRATULATIONS** to these District 19 Toastmasters on their accomplishments for the time period from July 1, 2005 to December 27, 2005

<b>CTM -- Competent Toastmaster</b>					
Bazzell, Mark	Downtowners Watts of Talk Club	Cedar Rapids	Makovec, Gary L.	Transportation Club	Ames
Bleakney, Nicola	Shibboleth Toastmasters Club	Mason City	Malloy, Russell P	Golden Speakers Club	Fairfield
Borton, Christine	Crosswinds Club	Marshalltown	Malsom, Andrew J.	Jasper Jawbreakers Club	Newton
Buttjer-Harmon, Shirley J.	Mid City Club	Des Moines	Mangan, Ann	Quad Cities Executive Toastmasters Club	Davenport
Chrisinger, Elizabeth Spellman	NADL Early Risers Club	Ames	Menzel, Paul T.	Action Club	Des Moines
Coleman, Alfred L	Hilltop Toaster Club	East Moline	Mwiroti-Shaw, Josephine	Toast It Club	Des Moines
Corpe, Duane L.	Collins Avionics Club	Cedar Rapids	Myers, Ellen S.	Muscatine Toastmasters Club	Muscatine
Couch, Steven C.	Quad Cities Executive Toastmasters Club	Davenport	Nelson, Douglas J.	Shibboleth Toastmasters Club	Mason City
Croonquist, Patty O.	Ah Masters Club	Fort Dodge	Nelson, Kevin L.	Ah Masters Club	Fort Dodge
Debruyn, Brett	Talk of Des Moines Club	Des Moines	O'Dell, Dan M.	Downtowners Toastmasters Club	Davenport
Deskin, Jody M.	Tower Toasters Club	Des Moines	Pavely, Chloe M.	Johnston Club	Johnston
Dupuy, Kevin Powell	Regency Club	West Des Moines	Pearce, Patricia	Shibboleth Toastmasters Club	Mason City
Ehlen, Josh A.	Regency Club	West Des Moines	Popham, Jon	Quad Cities Executive Toastmasters Club	Davenport
Eichorn, Diane L.	De Witt Club	De Witt	Pump, Rod	Shibboleth Toastmasters Club	Mason City
Elg, Connie	We Excel Club	Spencer	Ries, Merle C.	Heritage Club	Cedar Rapids
Federer, James C.	Collins Communicators Club	Cedar Rapids	Rivas, Michelle	Nexus Club	Des Moines
Fujinaka, Mike	HawkTalkers Club	West Des Moines	Ryerson, Kent P.	Action Club	Des Moines
Graber, Gina Lynn	Regency Club	West Des Moines	Singh, Ajay	Golden Speakers Club	Fairfield
Graeve, Kirk E.	Johnston Club	Johnston	Spicer, Mark W.	Johnston Club	Johnston
Grinhaug, Karla	Nexus Club	Des Moines	Stone, Diane C.	Mid City Club	Des Moines
Hansen, Helen	Ah Masters Club	Fort Dodge	Talwani, Rohit	Hawkeye Toastmasters Club	Cedar Rapids
Hester, Susan J	Heritage Club	Cedar Rapids	Tayborn, Darryl Elliott	Hilltop Toaster Club	East Moline
Hickman-Fay, Tammy	Johnston Club	Johnston	Taylor, Ruby	HNI Corporation Toastmasters Club	Muscatine
Kawaguchi, Toshikazu	NADL Early Risers Club	Ames	Traynor, Thomas H.	Golden Speakers Club	Fairfield
Kekstadt, Fred	Ah Masters Club	Fort Dodge	Vance, John	Keokuk Area Toastmasters Club	Keokuk
Kim, Myungjoo Julie	Affirmationists Club	Iowa City	VanFossen, Dawn	Quad Cities Executive Toastmasters Club	Davenport
Kimura, Kayoko	NADL Early Risers Club	Ames	Verhoef, Ryan John	Oskaloosa Toastmasters Club	Oskaloosa
Krogman-Albrecht, Lori	1100 Toastmasters	Des Moines	Vipond, Robert J.	Talk of Des Moines Club	Des Moines
Lara, Manuel P.	Collins Avionics Club	Cedar Rapids	White, Jerry	Hilltop Toaster Club	East Moline
Levy, Linda J.	Kirkwood Keynotes Club	Cedar Rapids	White, John D.	Keokuk Area Toastmasters Club	Keokuk
Lloyd-Lawrence, Denise M.	Collins Communicators Club	Cedar Rapids	Whitehill, Gary L.	Sunrise Marion Club	Cedar Rapids
Lohse-Lange, Linda	Opportunity Knocks Club	Des Moines	Wilke, Bryce A.	Diplomats Toastmasters Club	Des Moines
Loupee, Marilyn H.	Transportation Club	Ames	Williams, Reginald	Affirmationists Club	Iowa City
Mahoney, Deby	Shibboleth Toastmasters Club	Mason City	Young, Ellen Marie	Hy-Vee Corporate Club	West Des Moines

<b>ATM-B -- Advance Toastmaster Bronze</b>		
Bantz, Julie	Toast It Club	Des Moines
Bloem, John	Greater Des Moines Club	Des Moines
Buck, Jon	Siouxland Ciceros Club	South Sioux City
Hood, Cleaster	Hilltop Toaster Club	East Moline
Hughes, Lauri J.	Kirkwood Keynotes Club	Cedar Rapids
Lohse-Lange, Linda	Opportunity Knocks Club	Des Moines
Mahon, Robert A.	Reddy Club	Sioux City
Mangan, Ben	Quad Cities Executive Toastmasters Club	Davenport
Nelson, Douglas J.	Shibboleth Toastmasters Club	Mason City
Norton, Craig B.	Bandag Toastmasters	Muscatine
Saunders, Carlton A.	Downtowners Watts of Talk Club	Cedar Rapids
Scherrer, Clifford R.	Muscatine Toastmasters Club	Muscatine
Shaw, Donnell William	Hilltop Toaster Club	East Moline
Smith, Marlon	Hilltop Toaster Club	East Moline
Stephens, Nate H.	Speak-Easy Club	Dubuque
Stone, Dorothy M.	Mid City Club	Des Moines
Strand, Diane T.	Downtowners Watts of Talk Club	Cedar Rapids
Woerner, Roseanne	Ottumwa Club	Ottumwa

<b>ATM-S -- Advanced Toastmaster Silver</b>		
Briggeman, Lee A.	Shibboleth Toastmasters Club	Mason City
Brown, Michael A.	Forest City Leadership Club	Forest City
Doughty, Douglas L.	Collins Avionics Club	Cedar Rapids
Ford, Nicholas R.	Ah Masters Club	Fort Dodge
Meade, Laura M.	Hawkeye Toastmasters Club	Cedar Rapids
Nordstrom, Ken	Forest City Leadership Club	Forest City
Sandin, James K.	Mid City Club	Des Moines
Schares, Delma M.	Waterloo Club	Waterloo
Schmit, Robert S.	Downtowners Watts of Talk Club	Cedar Rapids
Woerner, William R.	Ottumwa Club	Ottumwa

<b>ATM-G -- Advanced Toastmaster Gold</b>		
Bhatnagar, Dharmvir	Statesmen Toastmasters Club	Des Moines
Kimura, Kayoko	NADL Early Risers Club	Ames
Oldehoeft, Margie C.	Health Care Toastmasters Club	Ames
Parker, Bessie	Talk of Des Moines Club	Des Moines
Welch, Darla R.	Opportunity Knocks Club	Des Moines

<b>CL -- Competent Leader</b>		
Boland, Pat J.	Collins Avionics Club	Cedar Rapids
Dennis, Deane	NADL Early Risers Club	Ames
Ford, Nicholas R.	Ah Masters Club	Fort Dodge
Graber, Marilyn J.	Golden Speakers Club	Fairfield
Grimoskas, Maralyn K.	Siouxland Ciceros Club	South Sioux City
Hood, Cleaster	Hilltop Toaster Club	East Moline
Illg, Ann I.	Ruan Center Club	Des Moines
Reutter, Joseph C.	Transportation Club	Ames
Rostagno, Marcos H.	NADL Early Risers Club	Ames
Saltou, Susan M.	Shibboleth Toastmasters Club	Mason City
Sandin, James K.	Mid City Club	Des Moines
Scherrer, Clifford R.	Conscious Communicator Club	Fort Madison
Schuldt, Carol A.	Siouxland Ciceros Club	South Sioux City
Smith, Marlon	Hilltop Toaster Club	East Moline
Toomsen, Loren M.	Shibboleth Toastmasters Club	Mason City
Traynor, Thomas H.	Golden Speakers Club	Fairfield
Vipond, Robert J.	Talk of Des Moines Club	Des Moines
Wettestad, James S.	Health Care Toastmasters Club	Ames
Yeager, Sara Anne	Siouxland Ciceros Club	South Sioux City
Young, Caryn S.	Tower Toasters Club	Des Moines

<b>AL -- Advanced Leader</b>		
Edwards, Alfred H.	Mid City Club	Des Moines
Federer, James C.	De Witt Club	De Witt
Gordon, Connie M.	Storytellers of Des Moines Club	Des Moines
Kjos, Sherry Rae	St Lukes Club	Sioux City
Roalson, Eric B.	Old Capitol Club	Iowa City
Welch, Darla R.	Opportunity Knocks Club	Des Moines

<b>DTM -- Distinguished Toastmaster</b>		
Edwards, Alfred H.	Mid City Club	Des Moines
Federer, James C.	Collins Communicators Club	Cedar Rapids
Gordon, Connie M.	Opportunity Knocks Club	Des Moines
Kjos, Sherry Rae	St Lukes Club	Sioux City
Roalson, Eric B.	Crossroads Story Tellers Club	Amana
Welch, Darla R.	Opportunity Knocks Club	Des Moines

## Talk Up Toastmasters Award

During the Talk Up Toastmasters! Membership contest, encourage Club members to invite as many guests to your meetings as possible. Add five new members to the Club between February 1st and March 31st to receive a special Talk Up Toastmasters! Ribbon for the Club's banner. Membership applications must be received at TI HQ between February 1st and March 31st. Each member's "join date" as listed on the application must be no later than March. ∞



## District 19 Club Spotlight

### Talk of Des Moines



'Talk of Des Moines' Toastmasters successfully completed a Speechcraft workshop that ran from 9/22-10/13 and was provided with cooperation through the Des Moines Public schools Community Education Program.

Not only did the workshop help others in achieving their personal public speaking goals, it also raised awareness about Toastmasters International in all participants. They expect several of the students to join any of the fine clubs Des Moines has to offer.

As an added bonus, 'Talk of Des Moines' Toastmasters was pleased to welcome one new member to their own club from the group of participants.

∞



Talk of Des Moines was invited to speak to 2 groups of high school members of the future business leaders of America on October 2nd at the Moose lodge in Urbandale IA. They explained the benefits of the Toastmasters organization and how it could help them both in their personal and professional lives.

During the table topics section Toastmaster members were happily surprised to find several diamonds in the rough, along with an already polished diamond or two from debate teams, showing interest in becoming members of Toastmasters in the future.

Kudos to all the students who volunteered for a table topic in front of an entire conference room full of their peers!

∞

### Motivational Minute

#### **Enthusiasm**

The real secret of success is enthusiasm.

**Walter Chrysler**

Enthusiasm releases the drive to carry you over obstacles and adds significance to all you do.

**Norman Vincent Peale**

I studied the lives of great men and famous women, and I found that the men and women who got to the top were those who did the jobs they had in hand, with everything they had of energy and enthusiasm.

**Henry Truman**

### Comedy Corner

- When you're planning to use a piece of humor in a presentation, try it out on at least three friends. You might find out that it isn't funny! If it is funny, you can improve your wording and timing before you use it before a group.
- If you tell your joke and nobody laughs...do what the professional humorists do...pretend you were serious! Really! If they don't laugh, it's your secret and they'll never know the difference.
- Don't sacrifice clarity for cuteness. If you're amazed at the cleverness of your speech, chances are your audience won't be.

### New Club Announcements!

The High Voltage Toastmasters Club celebrated earning its Charter on Saturday September 24, 2005 at the Country Kitchen Restaurant in Des Moines, IA.

Voices in Motion Club located in West Des Moines, IA was granted its charter on November 17, 2005. They are members of Division D, Area 73.

### Collins Avionics Toastmasters Receive Ralph Smedley Award

The Smedley award is earned by a club that has added five new members between August 1 and September 30. To quote Club president Manuel Lara "What better tribute to the memory of Mr. Ralph Smedley then to expand his vision through the eyes of new members.

### Announcing a New Tool for District 19 Toastmasters!

District 19 has a new resource available online to give practical help to club on the "Grow" **Stepping Stones to Success; Tools for Motivated Clubs on the "Grow"** plus educational tools and membership building flyers may be downloaded at <http://district19.us/clubcoach/> or click the Stepping Stones link under TOOLS.

Contact: Connie Gordon, DTM -- D19 Club Coach Chairperson



<p>Out and About: Clubs, Contests, and Canada</p> <p>Linda Lohse-Lange ATMG,CL Action Club</p>	<p>EAST NEEDS WEST!!</p> <p>David A Brunson, ATM-G, CL Former President – Club 7889 Hilltop Toasters/EMCC</p>	<p>Youth Leadership Programs</p> <p>Cyndi Lacina, CL Witt Masters Club Area 13 Governor</p>
<p>Toastmasters affords us an opportunity to risk change in a friendly and supportive environment. The first time I attended any Toastmaster event outside my club was as a last minute speech contestant. Never having observed any speech contest, I wasn't prepared. I had broken that rule I grew up with in Girl Scouts: Be Prepared.</p> <p>By visiting clubs other than my own and by attending as many club, area, and division contests as possible, I enjoyed the vast variety within the organization. The educational workshops at District and Region exceeded my expectations. I won my next speech contest...and another. What remained? Was I bored and ready to quit? No way!</p> <p>The question came at the conclusion of a District Executive Committee Meeting: would anyone be interested in joining a carload driving to Toastmasters International Convention in Canada? Finally, I would hear the World Championship of Public Speaking!</p> <p>This was a record year, the first time ten contestants had competed. Only two of those ten started their speech by immediately recognizing the audience. Echoing a winner several years ago who literally fell on his face at the beginning of his speech, many speakers employed physical elements: jumping off a stepstool, dropping to knees behind a line of orange traffic cones, or singing a Chinese lullaby.</p> <p>Stefan Koehler began his speech with the "moo, moo" of dairy cows and squish, squish of fresh cow patties. His father escaped over the wall from East Germany. "Dad sacrificed, saving me from Communism." He had men sobbing over the story of accompanying his father on his return to reunified Germany 30 years later, driving by the house where he was born, and seeing his parents' graves.</p> <p>Audience interaction reigned. One speaker ended in silence with a gesture, one taught us a Chinese toast with which we closed his speech. The validator, Lance Miller of California, ended with the audience concluding his speech with "ka-chink, ka-chink, ka-chink" that won him first place.</p> <p>Erick Rainey of Edinburgh, Scotland, captured third place with words of wisdom to keep us involved in as many Toastmaster activities as we can. He told us that "television transports you to the land of not enough-ness. You end up shoulding all over yourself. It's up to you to fill your well."</p> <p>In other words, you get out of Toastmasters what you put into it. Toastmasters isn't a spectator sport. All the action doesn't happen in a club meeting. Brief conversations are vivid memories: the gentleman from Dubai, United Arab Emirates, describing his homeland as we ate lunch from a street vendor on a picnic bench on the edge of Lake Ontario. The fastest growing area for Toastmasters clubs is in the Middle East. In the U.S.A., do we take our freedom of speech for granted?</p> <p>At an education session, an attentive 8 year old Jamaican boy accompanied his mother. Half a dozen people asked him if he was going to be a Toastmaster someday. I told him my son was 10 the day we both attended our first Toastmasters meeting and that he had his 18th birthday and joined Toastmasters a few days before International Convention.</p> <p>Sitting in my assigned row for the speech contest, I found myself (a calligrapher) next to a Past International Director from New Zealand (a collector of antique pen points). Not surprised, I had experienced such synchronicity in many conversations that weekend. At my table at the Saturday banquet sat a 55 year veteran Toastmaster and Past International Director who had been stationed during World War II at mechanics school at Fort Lee, Virginia, the same time as my father.</p> <p>That reminds me to make a color copy of Dad's and husband's Army photos and my son's Civil Air Patrol photo for the memorial wall at the District 19 Conference. I hope to see you there.....OUT and ABOUT.</p>	<p>As a long-standing member of the Hilltop Toasters, I find myself proud of both my involvement with Toastmasters International and of the accomplishments of my club as well. Specifically, we here at the East Moline Correction Center (EMCC) have virtually defied the "odds" by not only maintaining our club's charter, but excelling in our pursuit of becoming better communicators and citizens as well!!</p> <p>In somewhat less-than-ideal conditions, we have managed to become a perpetually outstanding club, attaining the coveted President's Distinguished accolade, on an annual basis, for four of the last five years (2000-2004), which is truly a testimony to both our will to succeed and our vigorous recruitment efforts in a high turnover environment, which does not readily lend itself to long-term projects and/or programs such as Toastmasters.</p> <p>Central to both our efforts and resultant successes, is the fact that we rely heavily on the inspiration and support afforded by both the concern and physical presence of visiting Toastmasters, from the contiguous geographical area, who generously contribute both their time and in some cases, expertise in communication to our club. This outside stimulation provides us with a solid indication of the enormous potential that our involvement in Toastmasters International represents for us both prior to and especially after our release back into free society. As any participant will readily attest; TOASTMASTERS IS THE ULTIMATE NETWORKING TOOL!</p> <p>Thus, based primarily on this credo, we here at the Hilltop Toasters loudly trumpet the benefits of becoming involved in our organization both on a primary <u>and</u> ancillary basis, to those who, while inclined to consider becoming a club member, still require that little "push" to provide the impetus required to embark on their own individual "road to discover", of the hidden skills, that only participation and membership in Toastmasters International can provide.</p> <p>Please accept this as our personal invitation from us-to-you, TOASTMASTER-TO-TOASTMASTER, to visit with us here at the East Moline Correctional Center, and provide us with the benefits that only your participation can deliver, as members of Toastmasters clubs from the immediate area, and discover what we mean by: East Needs West!!</p> <p>Please coordinate all visitations through Mr. Gil Norris, Division E Governor (309-786-6505 <a href="mailto:gilnorris@mchsi.com">gilnorris@mchsi.com</a>), by providing him with your name, birth date and SSN at least three (3) weeks prior to your expected visit. He will then make all the required arrangements and work out the details for your visit. Our club meets at the East Moline Correctional Center Wednesday's 3:00-4:30PM and Saturdays 9:00-11:00am.</p> <p>Always Remember...</p> <p>"Your Best Speech is Your Next Speech!!!" ∞</p>	<p>Every meeting we all encourage and support our fellow Toastmasters and we enjoy the euphoria associated with knowing we make a difference. But can you imagine the excitement you will experience when that 8th grader who trembled with his icebreaker now steps up to the podium to give a keynote. Wow!!!! This is exactly what happens in Youth Leadership Programs.</p> <p>The 2006 Spring Conference provides a wonderful opportunity for you to explore the Toastmaster International Youth Leadership Program (YLP). A panel discussion of YLP will be held on Friday afternoon. The panel will consist of people who have been involved in various aspects of the program. They will explain their involvement, benefits of the program and answer questions you have about YLP. We will also provide strategies and suggestions for starting a YLP in your area.</p> <p>The winner of an area YLP speech contest will also offer a brief keynote address. Plan to listen to this young person; you'll be amazed at the impact YLP can have.</p> <p>What can Youth Leadership do for your club?</p> <ol style="list-style-type: none"> <li>1. It can energize your members. Everyone who's been involved in a Youth Leadership Program has been pleasantly surprised by how much they can impact young people. They are excited about the skills and confidence they see developing in these young people and strive to continue their own development.</li> <li>2. It can increase your membership. While participants of Youth Leadership aren't able to join Toastmasters, they are likely to join a club when they reach 18. They may also encourage their parents to join a club now.</li> <li>3. It is great publicity. Mass media sources love stories about children. Be sure to let them know about your program and invite them to the graduation banquet.</li> <li>4. Provide opportunities to build new clubs. As word about the Youth Leadership Program spreads, so will interest in Toastmasters. You may find you are reaching people who need a meeting at a time or location you haven't considered yet. New clubs provide your members with opportunities to coach or sponsor.</li> </ol> <p>Organizing a Youth Leadership Program should have the support of your entire club. TI prohibits charging a fee to participants of a YLP; but requires you to use their copyrighted materials. Your club should invest in the materials as a community service. Involving other club members in the promotion and delivery of the program is a great opportunity for each member's growth and may help their progress toward TI designations.</p> <p>Youth are our future. Find out what you can do to involve youth in your club's growth. To learn more about Youth Leadership Programs visit <a href="http://www.district19.us/conferences/2006spring/index.html">www.district19.us/conferences/2006spring/index.html</a> ∞</p>

## TOASTMASTERS: Step up to the Plate!

### 2006 Spring District 19 Conference

Sioux City, Iowa

May 5 & 6, 2006



Name \_\_\_\_\_ E-Mail \_\_\_\_\_  
Preferred Phone \_\_\_\_\_ Day \_\_\_\_\_ Night \_\_\_\_\_ (Check One)  
Address/City/State/Zip \_\_\_\_\_  
Club Name \_\_\_\_\_ Club Number \_\_\_\_\_  
Current Club/District Office Held \_\_\_\_\_  
TI Levels Achieved (Circle): CTM ATM-B ATM-S ATM-G CL AL DTM  
Are you a Past District Governor \_\_\_\_\_ Year Served \_\_\_\_\_  
Is this your first District Conference? Yes \_\_\_\_\_ No \_\_\_\_\_ Are you a non-Toastmaster guest? Yes \_\_\_\_\_ No \_\_\_\_\_  
Special Dietary Notes: \_\_\_\_\_

#### FULL CONFERENCE REGISTRATION:

Early Bird (November 11-19) \$50 ☐  
November 20- January 31 \$65 ☐  
February 1 – April 15 \$75 ☐  
After April 15 \$85 ☐

**Home Run Special** (see below) \$ \_\_\_\_\_ ☐

#### INDIVIDUAL EVENTS:

Registration Fee \$20 ☐

#### PLUS:

Friday Evening \$20 ☐  
Saturday Lunch \$20 ☐  
Saturday Banquet \$30 ☐

Make check payable to: "District 19 Toastmasters" and mail with form to: Misty Miller, Registration Chair, 2631 So. Lakeport, Sioux City, IA 51106. For registration questions contact Misty at [mdmillermk@cableone.net](mailto:mdmillermk@cableone.net).

To pay by credit card, you will need to register online at [www.district19.us/conferences/2006spring](http://www.district19.us/conferences/2006spring)  
Go to: Step 1. Registration; then Step 2. Pay Online.

**Hotel Accommodations:** Sioux City Plaza Hotel, 707 Fourth St, Sioux City, IA 51101 (1-800-593-0555)  
Call the hotel or register online through the District 19 Web site at [www.district19.us/conferences/2006spring](http://www.district19.us/conferences/2006spring). A block of rooms has been reserved at a special Toastmasters rate of \$62 plus tax, per room. Register early!

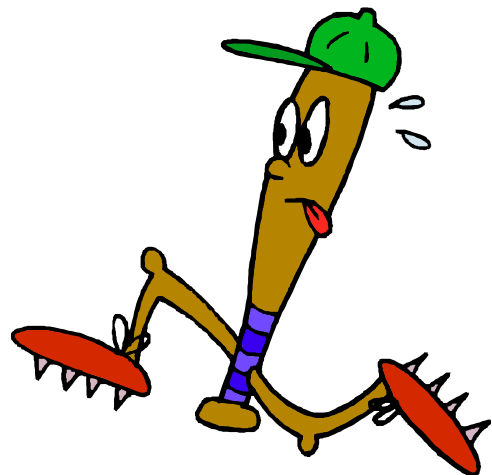
#### **HOME RUN SPECIAL**

##### **7 RAFFLE TICKETS FOR \$5**

Each additional **\$5** enclosed with your ADVANCE registration fee will entitle you to an unprecedented **7** raffle tickets!  
(\$1 each or 6 for \$5 at the conference.)

DISCLAIMER: Offer available **ONLY** with advance registrations. Tickets will be held in your registration packet.

☐ **COUNT ME IN! I WANT TO WIN!**



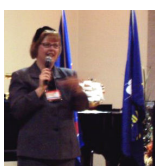
## Scenes from Fall Conference 2006 – Carroll, IA



Division Toastmasters of the Year:  
Div. E Tom Traynor,  
Div. C James Sandin,  
Div. D Kueier Chung,  
Div. B Julia Venske (District 19 TMOTY),  
Div. A Corliss Hassler



District 19 Winners Circle:  
Duane Corpe, Evaluation Contest;  
Julie Venske, Toastmaster of the Year;  
Dr. Randy Harvey, 2004 World Champion;  
Mark Latta, Humorous Speaker



Julia Venske delivers her District 19 TMOTY speech



Division D's first place table decorating  
contest entry enjoyed by the Traynor's from  
Fairfield, Norma Hoos, Dr. Randy Harvey,  
and Laura Walth



Des Moines Storytellers club wins the traveling  
trophy:  
Al Edwards, President Tom Lindaman, Doug  
Nelson, Laura Walth, Connie Gordon, Diane  
Stone, Linda Lohse-Lange, Shirley Buttjer-  
Harmon, Jeanne Hunt; front Tom Stockebrand,  
Norma Hoos, Dorothy Stone



Jeff Christiaansen,  
Area Governor of the Year



Division Governor of the Year --  
Division A, LeAnn Blankenburg



Conference Co-Chairs  
LaDean Ahrens & Micki Quail

## Executive Officers

Marvin Johnson, DTM  
Siouxland Ciceros Club  
**District 19 Governor**  
districtgovernor@district19.us



Diane Stone, DTM  
Mid City Club  
**Immediate Past District Governor**  
impastdistgov@district19.us



Ike Rayford, ATM-B  
Top O Morning Toastmasters Club  
**Lt. Governor Education & Training**  
ltgovedtraining@district19.us



Loren Toomsen, ATM-B  
Shibboleth Club  
**Lt. Governor, Marketing**  
ltgovmarketing@district19.us



Doug Nelson, CL  
Shibboleth Club  
**Public Relations Officer**  
publicrelations@district19.us



## Division Governors

Helen Jacobe, ATM-S  
Toast O Town Club  
**Division A Governor**



Doug Doughty, ATM-B  
Collins Avionics Club  
**Division B Governor**



Shirley Buttjer-Harmon, CTM  
Mid City Club  
**Division C Governor**



Linda Lohse-Lange ATMG, CL  
Action Club  
**Division D Governor**



Gil Norris, DTM  
Moline Club  
**Division E Governor**



TOASTMASTERS INTERNATIONAL  
DISTRICT 19 OFFICIAL NEWSLETTER  
4409 NATALIA WAY  
SIOUX CITY, IA 51106



**We're on the Web!**

*See us at:*

<http://district19.us/>

