

The Transmitter

Issue 5

June 2005

Calendar of Events

June– August: Officer Training

July–September: Area Governor Visits

August 24–27: Toastmasters International Convention, Toronto, Canada

August—September: Smedley Award Membership Contest

August—October: Club, Area and Division Humorous Speech and Evaluation Contests

November 11–12: District Conference, Carroll, IA

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Thank You

Eighty years ago Dr. Ralph Smedley started a toastmasters club in Santa Ana, California. From that club Toastmasters took off. Those young men that met in the basement of the YMCA “Caught the Passion of Toastmasters.”

Where were you when you first “Caught the Passion of Toastmasters?”

I “Caught the Passion” in the fall of 1989, when I attended my first club meeting at the Ruan Center, Club #1991. I didn’t join right away because I didn’t think that my speaking skills were good enough. I then joined a Speechcraft taught by John Carlson. He became my mentor.

I was first invited to join the leadership tract by Past District Governor R.W. Smith. I felt so honored that someone had recognized me. I was honored to be an area governor. I soon followed in the foot steps of Mike Adams, past district governor. He was division governor that year. The following year I became division D governor. He went on to become Transmitter editor, I stopped following his footsteps. Pat Amadeo, past district governor, saw further leadership skills in me, when she asked me to fulfill the term of Division C Governor. That year division C was Select Distinguished.

There are so many past district governors that I would like to thank for making District 19 what it is today. They have all left their mark on this district. I have greatly benefited from their wisdom and ad-



Diane Stone, DTM
District 19 Governor

I would like to mention two WOW clubs, Crosswinds Club, #7858, and Nexus Club, #645182. Members of the Crosswinds Club told me at the club’s anniversary celebration that they would make Distinguished or better. The Nexus Club’s president told me in January at TLI that his club would make Distinguished. What impressed me only the club sponsors and mentors of the new clubs, that that they are relatively new.

I would like to thank all the people that have worked on club building this year. Not only the club sponsors and mentors of the new clubs, that have come in this year, but the ones who are still working on clubs that have not come in yet. Thank you to all the club coaches, those who are working on club extension. Thank you for “Catching the Passion” and sharing it with other Toastmasters.

Thank you District officers for giving of your time and not giving up. Thank you Darla Welch, district secretary, Carrie Dostal, treasurer, Loren Toomsen, public relations officer and Kathy Rooney, administrative supervisor.

The district ran smoothly with your knowledge, ideas and leadership. Each person was a key factor in the District’s successes this year. Thank you Marvin and Ike for your devotion to Toastmasters this past year.

What I’m trying to say is thank you to each and every member of District 19 that “Caught the Passion”; you made District 19 what it is this year.



**Marvin Johnson,
ATMG**
Lt. Governor of
Education & Training

I'm going to take you on a journey – a journey back into my childhood. My six siblings, parents, and I lived in a big two story house. Of course, a family of nine would need a BIG house. The backyard was huge as well. As the seasons changed so did the activities in the backyard.

When the weather allowed, my twin brother and I would take our Matchbox cars outside and play. Do you know how hard it is to move your car through the grass? Well, we took care of that! Dad, with his arms folded across his chest and in a less than genial manner, wanted to know what the heck we had done to his backyard. Darvin, my twin, and I just thought we were helping him weed the yard at the same time we were creating streets for our cars!

My older siblings, ranging from 8 to 15 years older than Darvin and me, became our teachers/coaches. In the early spring, Mom's lilac bush that stood in the far corner of the yard became our home plate. The tree stump in the middle of the yard became the pitcher's mound. Darvin and I learned to throw, catch, and hit the baseball in the backyard. On occasion, we had the opportunity to test or skills with the neighbor kids.

Mom's philosophy was, "You'll never know if you like it until you try it." So, Mom signed Darvin and I up for little league baseball. Mom and Dad were always there supporting us at our games. In fact, the windshield on Mom's car (yeah, it was "Mom's" car and not "dad's") was shattered a time or two by a misguided baseball.

Step Up to the Plate!

I remember one of my early games. The opposing team had a pitcher that was known for his fast ball. I was scared to death to approach home plate – what if he hit me – I'd surely have a broken bone or two? My coach realized my fear and came to me while I was practicing in the batter's box. He placed his hand on my shoulder and looked into my eyes. He said, "Marvin, I know you're a little nervous but step up to the plate and give it your best shot." I did as he suggested – I stepped up to the plate. The pitcher started his wind up and I watched as the ball left his hand.....

During the fall, our backyard became a gridiron, minus the yard lines and goal posts. My older brothers worked with us on passing, kicking, and hiking the football. Again, Mom signed Darvin and I up for youth football.

During one of my games, my opponent was twice my height and twice my size in girth. At that time, I was one of the smallest kids in my class. (I know, you can't tell that by looking at me today!)

I went on to the field and was prepared to do my best in keeping him away from my teammates. When the football left the center's hands, with one movement of my opponent's arm, I went flying. I got up and thought, "Let's try this again." Again, the ball was in motion and I went flying with another swift movement of my opponent's arm. I got up from the ground and looked at my coach with an expression of frustration and thought, "Are you nuts to leave me out here trying to block this gorilla?" It was then that I remember my baseball coaches' words of advice, "Step up to the plate and give it your best shot." Well, I was playing

football so there wasn't a plate but I did step up and used what my brothers had taught me – "hit 'em low!" That's exactly what I did! I hit my opponent low and, like my brothers said, "the bigger they are, the harder they fall." I jumped to my feet and was shocked to see, coming towards me, the pigskin. That's right, the football was airborne and coming in my direction. I grabbed hold of that baby and tucked it into my arm and.....

I may not have hit a home run or made a touch down, but my efforts contributed to team. You, too, can contribute to the efforts of the team. As Toastmasters, we have the opportunity to step up to the plate. We can bring guests to our Club meetings. The guests become new members and as new members, they bring creativity and become new leaders.

He placed his hand on my shoulder and looked into my eyes. He said, "Marvin, I know you're a little nervous but step up to the plate and give it your best shot."

As Toastmasters, we can step up to the plate and give manual speeches to obtain our next designation. As Toastmasters, we can volunteer to serve as a Club officer or as an officer for the District. As we grow personally through the use of the Toastmasters program, our Club grows, so does the Area, the Division, and the District. Yes, we grow from the Toastmasters program – let's share the benefits with others!

As the Incoming District Governor for 2005-2006, I challenge each and every one of you to, "Step Up to the Plate" and overcome those challenges you face daily. Let's, "Step Up to the Plate" and hit a home run this year – let's be a **Distinguished District!**

ARE YOU A STRUGGLING CLUB



Ike Rayford, ATMB
Lt. Governor of Marketing

Before you can answer this question, you need to honestly assess your club and take a good look within. I would suggest that you present the "Moments of Truth" module. This is the first step - to honestly and candidly look at your club and find any problems that may exist. For an added bonus, if your club has less than 20 members or limited participation, you can contact me. I will personally make sure your club receives that club success module, the "Moments of Truth"

module.

There are many reasons clubs struggle. Maybe it's a loss of experienced leaders, or apathy among members, lack of new members, who knows? The one thing we do know is every club deals with the reasons listed, so the real question is how do we combat the struggles and hurdles that we face?

You first start by helping yourself! You need to recognize the need and then help with the problem. How effective has your membership growth been? Are you using the Distinguished Club Program as a goal benchmark, and have you asked the district for help? Remember, goals seven and eight of the DCP

are to add four new members for the Toastmaster year. Toastmasters International has a number of recognition programs for clubs that add members. Individual recognition and club recognition both support the Distinguished Club Plan. You should definitely take advantage of your district support,. Area Governors are there to assist you. If you do find your club in trouble and you have 12 members or less you can qualify for a club coach, but you must ask!

Good luck in achieving your goals. Although you may be struggling today, you can be a successful club tomorrow! Catch the Passion!!!!



Loren Toomsen,, ATMB
Public Relations Officer

We began this year with a goal of 100 clubs on June 30, 2005. We're going to fall just short of our goal. Am I disappointed? No! The reason is our team followed through on our commitment, never dropped the ball and devised two long range growth strategies that will live on contributing new club growth to District 19 in the future.

The first is District 19 SMART teams. Ike Rayford and our incoming Lt. Gov. of Marketing Cliff Scherrer,

Exciting Growth Ahead

Sr., are both committed to SMART teams. SMART teams are a coordination of motivated District 19 Toastmasters who Start Mentor and Rescue clubs. You will see more SMART Team activity in the year ahead.

The second is an online record of new club leads and a systematic follow-through from the District that assists those clubs toward chartering. While hiding behind ID and Password protection on our District 19 website, the current status of new clubs in process is available at any time to each EC member.

What does this all boil down to for you? More clubs will continue to form within District 19. We will continue to grow and again surpass 100 clubs, thus making our district stronger over time. A stronger district gives greater support to its member clubs. New clubs bring strength and enthusiasm to our District just as new members bring vitality to a Toastmasters club. Exciting District growth is ahead!

I want to thank Diane Stone, Marvin Johnson and Ike Rayford for the honor of serving this year as your District 19 Public Relations Officer. It has been an exciting ride.

Region IV – Saskatoon, Saskatchewan By Faith McGee

Several Toastmasters from District 19 made the 1,172-mile jaunt up to Saskatoon for the Regional conference. Saskatoon's scenery (fast food establishments) and terrain (flat, green) is actually very similar to Iowa. Some of the main differences I noted included the accents "eh?", the currency, and the use of the metric system. (Imagine my surprise when I climbed down a ladder to a pool I thought was three feet deep, only to find out it was really three meters).

Attendees from our district included Diane Stone, Marvin Johnson, Ike Rayford, Cliff Sherrer, Martha Tinker, Doug Nelson and me. Marvin, Ike, Doug and Cliff were sequestered the majority of the two-day conference for leader training. With extensive training under their belts, they are anxiously awaiting the start of new Toastmasters year. Meanwhile, Diane continues to help them by letting them know just how many days remain until the new Toastmasters year begins.

Martha presented a well-received program on "How to Identify a Promising Leader" and I competed in the International speech contest. The winner of the speech contest was Rowena Romero, from Canada, who had everyone in the audience rolling with laughter as she shared her struggles with her husband and his pessimistic view of the world. She concluded with her new three-word mantra "I divorced him".

Continued on Page 7

District News

Golden Quill Award

By: Doug Nelson

Quill: the main support structure in a feather, useful for writing.

The main support structure of a Toastmasters club: excellent communication.

I am pleased to announce a new award for excellent communications, the "Golden Quill" award. Like the Toastmaster of the Year award, it will be

based upon a list of possible objectives. There is a lot more to know about this award. The information and the form can be found at <http://district19.us/goldenquill/>

Toastmaster of the Year

Beginning this Fall we will have another "Toastmaster of the Year" award based on the Toastmaster year. You are invited to tally up your contribu-

tion to Toastmaster from July 1, 2004 through June 30, 2005. The Toastmaster of the Year award will be given at the Fall 2005 conference and at every Fall conference hereafter based on Toastmaster year dates.

A copy of the Toastmaster of the Year recording sheet can be found on the District 19 web site at <http://district19.us/toastmasteroftheyear/index.htm>

Hawthorne Wins 2004 Iowa Toastmaster of the Year

By: Frances Hawthorne

Peter Hawthorne, DTM, won Iowa's 2004 Toastmaster of the Year honor at the recent District 19 conference held in Clear Lake, Iowa. Hawthorne was nominated by his home club, Mid City Toastmasters, of which he is a charter member. He also has served Mid City as president and Vice-president of Education and was recently elect-

ed as sergeant at arms.

In the community Hawthorne, is in his 8th year as an RSVP volunteer mentoring 4th and 5th graders in the Speak-Up program at Findley School. He is a longtime volunteer with AARP and is past-president of AARP Chapter 153.



Hawthorne, a retiree of the Des Moines Post office, is better known as a rosarian. He grows over 100 roses at his Des Moines home. He and his wife, Frances, also DTM, are parents of two sons and two daughters and have five grandchildren.

"Catch the Passion" Success Story

Opportunity Knocks Toastmasters (Div C, club 7813) accomplished a lot this last Toastmaster year. Who could believe that last year at this time the Club was down to only 8 members, two of whom they promptly lost as soon as the Toastmaster year began. One year later the club has a solid 15 members, with another application that will be turned in later this month. The club caught the District's passion and achieved all 10 of the Distinguished Club goals, making them Presidential Distinguished. What makes this even more of a special accomplishment is that they did it in only 12 meetings! Opportunity Knocks meets only once a month.

While Toastmasters has done away with the Phoenix award, this club has truly "risen from the ashes." Opportunity Knocks has definitely set the standard for other clubs to follow. They have proven that even if your club is small, it can grow and it can accomplish great things!

Ask Toastmasters International

Q. Can a club/district receive credit for both an AL and a DTM earned by a single member in a single club year? The confusion lies in the fact that on the DCP, both goals #5 and #6 read "One CL, AL or DTM"

A. If a Toastmaster earns an AL award and a DTM award in the same

DCP year, the club and district will indeed receive credit for both of the awards. Please note, all award requirements must be completed before a member is eligible for any educational award. For example, if the member you mentioned is currently serving as a district officer and has never served as a district officer before, or previous service

was used to fulfill a requirement for a prior award, he or she will be eligible to apply for the AL award only when his or her officer term is complete -- *after* midnight on June 30. This means the award(s) would be recorded in July and the member, club and district would receive credit for the 2005-2006 Distinguished Club Program.

District 19 Spring Conference



Above: Jim Key, Corliss Hasler, First Place Table Topics, and Ike Rayford. Below: Matthew Gahm receives second place.



Above: Jim Key, Faith McGee, District 19 International Speech Winner, and Marvin Johnson. Right: Tom Bueckers receives second place in speech contest.



Jim Key and David Okerlund



District Governor Diane Stone presents the Communication and Leadership award to Rosie Hussey of Mason City.



Left: Crossroads Storytellers take the traveling trophy. Below: Incoming District 19 officers.

YOU'VE BEEN ACTIVATED / BE ON ALERT TO DEPLOY FOR OPERATION: DO MORE! (“Always do more than is required of you”, General Patton)



District 19, 2005 Fall Conference
Carrollton Inn , Hwy 71, Carroll, IA 51401
NOVEMBER 11 & 12

NAME _____ CLUB _____ DIV _____

ADDRESS _____

CITY,ST,ZIP _____

CLUB OFFICE _____ TM LEVEL _____

CLUB OFFICE _____

Are you a Past District Governor? Y N Year Served _____

Is this your 1st District conference? Y N (Circle one) Are you a guest Y N
Do you have special dietary needs? Y N Are you a Past District Governor? Y N Year Served _____

YOUR MISSION: Friday night, 11/11/05, 1900 hrs (7:00 p.m.)

Have your single or group act ready to perform in our USO SHOW!

Saturday night, 11/12/05, Dance to Big Band music (and newer)

3rd MISSION: Mail or email copies of photos and vignettes (of friends and loved ones) for our Memorial Wall

(Look for the Memorial Wall Form coming soon on the District 19 Website)

OTHER HIGHLIGHTS AND EVENTS: EVALUATION & HUMOROUS SPEECH Contests

*** BIG BAND Dancing *** USO Performances

Schedule Your Recording Session: Personal 15 min demo DVD recording session!

Top Secret, Classified Information to be Declassified at a later date. **{Keynote Speakers/Educational Sessions!}**

May 20-28	\$50	Friday evening:	Potato & Taco Bar
May 29-Sept 15	\$65	Saturday noon:	Marinara/Beef or Alfredo/Chicken & salad
Sept 16-Nov 10	\$75	Saturday evening:	Baked Tilapia or Chicken Wellington or
On site Contests	\$80		Prime Rib or Veggie Stir Fry
Only/no food	\$20		

Registration (Mess Hall (meals) included)

Mess Hall Menu

***Make checks payable to District 19 Toastmasters, and mail with registration form to Conference Chairs, LaDean Ahrens, 19404 Henry St., Mt. Carmel, Carroll, IA 51401 / 712-792-2507 © 712-830-1396 e-mail: ladean@safecchoice.com OR Micki Quail, 217 S. 13th St., Sac City, IA 50583 / 712-662-7953 e-mail: edquail@pionet.net.

**The Barracks (Block of Rooms) have been reserved at the Carrollton Inn, 712-792-5600
One room with 2 queen beds, \$69.95**

Awards/ Recognition

CTM	5654	Joel Nemeć	9047	Shirley Buttjer-Harmon
164	Florin Oprescu	7813	Shirley Buttjer-Harmon	9211 Annette Shader
386	Loren Toomsen	7813	Linda Lohse-Lange	9284 Genny Yarne
617	Sue Sample	7813	Connie Gordon	9284 Clifford Sheets
625	Abra Pulley	7813	Darla Welch	
684	Tom Jaquis	7858	Richard Winkler	ATM- Bronze
875	Jeffrey Hsieh	7889	Cleaster Hood	617 Anne Sposato
1336	Helen Jacobe	7889	Donnell Shaw	875 Tsun-Yao Ku
1336	Terry Turner	7978	Danny Whitlock	875 Chiou-Guey Liaw
1529	Chris Fischer	7979	Ann Kock	1336 Jerald Forbes
1529	Kari Cooling	7978	Frances Carpenter	2094 Douglas Vandervoort
1564	Andrew Yarne	7987	Randy Adams	3049 Lesa Veith
1564	Mick Starcevich	9047	Diane Stone	3588 Gary Munson
1564	Genny Yarne	9047	Frances Hawthorne	3744 David Petrs
1937	Steve Smith	9211	Annette Shader	7858 William Backoff
1991	Autumn Towne	9284	Mary Magner	9047 Frances Hawthorne
2061	Tammi Gagnon	9284	Rosemary Rhinehart	9284 Catherine Metsch
2094	Michael Woods	9284	Karen Seltrecht	9284 Andrew Yarne
2187	Frederick Koenig	9284	Kathi Jensen	9592 Henry Manquard
2316	Peter Gardner	9708	Carolynn Sween	
2670	Catherine Bishop	640899	Shirley Taylor	ATM-Silver
2671	Paula Olerich	645182	Jim Bush	1564 Jeude Landhauser
2708	Nathan Miller	645182	Ryan Fry	4804 Ginnie Hargis
2708	Vernon Origer	645182	Bill Paterson	7813 Tom Stockebrand
2791	Tricia Helmens	645182	Melissa Junkins	
3049	True Whelldon			ATM-Gold
3135	Jeffrey Bradford			2388 James Arthur
3193	Cameron Burt	CL		3060 Sherry Kjos
3194	Debbie Litell	617	James O'Hare	3896 Ronald Knapper
3515	Marlene Myers	625	Laura Walth	3896 Howard Penix
3522	Jolene Rasty	684	Kevin Livengood	7813 Linda Lohse-Lange
3522	Linda Ritchie	684	Carlton Saunders	
3588	Duane Ford	991	Erin Peterson	Excellence in Leadership
3595	Kenji Kawashima	1336	Sherrill Marske	4477 Kathleen Rooney
3744	Coleen Myers	1564	Janet Slimak	
4605	Jeff Talmadge	3049	Lisa Croyle	DTM
4804	Caryn Young	3515	Michael Anderson	7978 LeAnn Blankenburg
4991	David Schmidt	4605	Karen Varley	
4991	Michelle Groom	7813	Alfred Edwards	
		7858	Jamie Brown	

Miscellaneous

Region IV – Saskatoon, Saskatchewan (Continued from Page 3)

If you haven't participated in a contest before, I would highly recommend it. Whether the International, Humorous, Table Topics or Evaluation, participating in the contest process helps you to learn more about the Toastmasters organization, meet new people and develop your speaking skills.

Contest registration: \$160
Hotel room: \$434
Airfare: \$560.67

The knowledge gained from participating in the Region IV International Speech contest: priceless

The highlight of my trip (other than the incredible rush I felt having an opportunity to speak in front of 300 Toastmasters) was probably the time I spent visiting with David Brooks – the 1990 World Champion of Public speaking. Mr. Brooks encouraged me to continue competing and even offered to serve as my coach when I compete again in 2007.

Congratulations High Voltage Club!

The **High Voltage Toastmasters** of Des Moines reached charter strength on May 26th and added one more member the next day to boot. The new club with 21 members chartered June 10th and is now club #760340.

Congratulations go to Martha Tinker, Tom Stockebrand, Jim Herteen, Roger Polt and the entire High Voltage club. Great job!

**TOASTMASTERS INTERNATIONAL
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New Club Members

Be sure to have the Vice Presidents of Membership send in the contact information for new club members to the Transmitter editor. The editor will add this new Toastmaster to the Transmitter mailing list. If a new member would like a copy of a past Transmitter issue, one can be obtained from the District 19 website at <http://district19.us>.