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### Calendar

- June 21—Des Moines Area
- June 26-28—Region IV Conference
- June 30—Officer Lists due at TI Headquarters
- July 1—Beginning of new Toastmaster Year
- August 13-16—Toastmasters International Convention

### In Praise and Appreciation

I want to thank you all for a fantastic year. I have never seen so many people rally in their love and support. District 19 is well defined by some of the greatest, most dedicated people on Earth. This past Toastmaster year has been a difficult year personally for me due to my health issues. Even though I had these issues to deal with. I also learned a lot. I learned a lot about patience, breaking projects down into manageable portions, delegation and having a support group. And what a support group I had! I could not have been more pleased with the efforts of everyone on my team. Doug Doughty, Doug Nelson, Cliff Sherrer, Sr. and Ike Rayford, IPDG were always there when I needed them. They helped me in many ways to have a successful year.

My team did not stop with these top district officers, but

extended to many behind the scenes people. I want to personally thank Pam French for being my Administrative Assistant; Steve Brown for being the District Treasurer; Darla Welch and Cyndi Hanson for being the District Secretaries; Connie Gordon for being the District Newsletter Editor and member of the website team; Mary Young for being the Historian and Credentials chair; Tom Stockebrand for being the District Parliamentarian; Jamie Ward for being the Co-Credentials Chair; Tom Lindaman for being the Smart Team Coordinator: Julia Venzke for being the District Librarian and Assistant Web Administrator; LaDean Aherns and Mark Wright for being part of the website team and all my Division and Area Governors. I know I am probably forgetting a lot more people, so if you are on that list, thank you for your



Loren Toomsen District Governor

service to the district this past year. The district could not have been so successful without your efforts.

I also want to thank every District 19 Toastmaster for your efforts this past year. You have truly spoken from your heart and let your message be heard. This is evidenced by how much we have accomplished as a district. We have met our educational goals and are close to meeting our membership goals. Together we can make this a Distinguished District!

### **Empower Every Member**

Doug Doughty Lt. Governor of Education/ Training

About a decade ago, I was going to a work related meeting with a colleague. He had a lapel pin that I had never seen before - a globe with a capital T and two gavels. Perhaps you have seen it. Well my colleague, Frank, told me about Toastmasters, and he went on

to tell me that our company had a club which met that evening after work. Then he did the unexpected...he invited me to join him that evening to attend a Toastmaster's meeting. I thought about all the horrible presentations I had done in my career, and how nervous I got whenever I had to speak before a group. I thought about it and I told him that I did not think I would fit in.

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### **Empower Every Member (Cont.)**

### Continued from Page 1

I continued to white knuckle my way through many more horrible presentations. I used to have knocking knees and I would bite my nails down to the quick. The

nervousness was getting worse. I had to join Toastmasters to save my manicure. And I am glad that I did; I still get nervous when I speak, but now I use it to keep me on my "A Game". I had joined Toast-

masters to improve myself, but I learned that I also grew by giving back, as an evaluator, as a mentor, as a club officer and eventually a district officer.

That is why I joined Toastmasters. I want you to think about why you joined Toastmasters. Are you getting what you wanted out of the organization? Are you feeling like you are getting an adequate return on your investment? Would you like a little more?

As we prepare to start this Toastmaster year, I want to challenge you to do a few things this year to increase your return on your investment.

First, challenge yourself. Set goals for this Toastmaster year, goals that are going to stretch your abilities, but not to the point of breaking. Push yourself to improve. If you are near the end of a new Toastmasters designation, set your sites on the next level.

Second, I challenge each of you to recruit a new member this year. Like Frank did with me so many years ago, invite a guest out of

the blue to join you for a meeting. Keep inviting people until they acquiesce so that you will stop pestering them.

Third, we have the luxury in District 19 of living in a "smaller" geo-

If we all get out of our

comfort zone, out of our

club, and into a new

Inclusion, we can build

bridges across our great

District.

graphic district.
We can jump in a car and drive to one of five different divisions in a matter of a few hours. In fact the term "Division" is very divisive in itself. I propose we

change the name of divisions to become "Inclusions." If we all get out of our comfort zone, out of our club, and into a new Inclusion, we can build bridges across our great district.

Currently, District 19 is setting the pace, and we are being watched from Toastmasters' World Head-quarters. This year we have tried something that has caught everyone's attention. We started the "Poker Run" to promote visiting other clubs, and we are trying something else new this year: SMARTcraft. This is a series of

short presentations, similar to Speech-craft, to help our struggling clubs by promoting new ways to educate people. It

is an exciting time to be part of District 19.

In this vein, I have chosen as my theme for this upcoming year

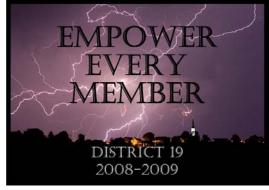
"EMPOWER EVERY MEMBER." This is how District 19 will be a successful district this coming year. How does being successful relate to being a distinguished district? By meeting the needs, the wants and the goals of the members the district will meet its goals. If the goals of the members are being met, the Educational goals will be simply be a formality. How does this meet our marketing goals? By creating enjoyable meeting environments, we will advertise by word of mouth how great the organization is, and everyone will want to be a part of it. How does this aid club growth? Well, there will always be a natural growth in clubs in District 19, which is inevitable. How this helps is by improving membership retention. If we keep the members happy, we will lose fewer clubs.

I want to thank each of you for your assistance and support through the last few years. I have enjoyed serving this district, and will work diligently to ensure that each of you gets the substantial return on your investment. By empowering every member, we

will all see that return.

Last year, when I was at the International Convention in Phoenix, I saw my old friend Frank for the first time in many years. I went up to him and I said, "I

guess I fit in after all." To which Frank answered, "Do I know you?"



### **SMART New Events to Drive Membership**



Doug Nelson
Lt. Governor of Marketing

How quickly the years pass! As we are wrapping up this Toastmas-

ter year, I want to send out my appreciation for the efforts of everyone in Toastmasters this year. It has been my privilege to serve on a great team alongside dedicated individuals and it has helped me to grow as a person. Thanks to everyone! A special, deeply held respect and thank you to outgoing District Governor Loren Toomsen. Over the past five years you've been my mentor and role model, Loren. I only hope that I can bring the same passion for achievement to Toastmasters that you have inspired in so many. You owe us no more than you've already given, but I know you will give so much more in coming years. You challenged us to 'Speak from the Heart and your Message will Start.' There is no more true communication than heartfelt respect. You have earned it.

As I write this, we still have three weeks of this year to go and many clubs are working hard to achieve their goals. Some clubs have met their goals and I challenge those club members to continue to grow by

adopting another club that may be struggling. Help the struggling club grow by encouraging others to join them, help them fill out their meeting roles needs, or even just participate as an audience. Sometimes just being a guest can reinvigorate a club that has felt overwhelmed or complacent.

A fun thing to consider in your clubs is the concept of an honorarium, a membership donated by the entire club to a deserving person. Recipients can be examples of communication and leadership devotees in the community such as a civic leader, business owner/manager, editorial writer, or even former members who have dropped away and could be encouraged back. Email me if your club wants to pursue this: dlnelson@netins.net By reaching out to our communities, we can inspire more to hear about the benefits of Toastmasters. Publicize any honors and let others know that there are openings available for new members. So many people are waiting, thinking that they must be invited to join rather than attend on their own. Let's not leave them waiting.

We are just starting a new officer training season and I need to remind you that club officer lists are due to be updated by June 30. If you have

any questions about either, contact me or any District 19 officer.

As we look forward to the next Toastmaster year, I want to thank you for your confidence exhibited by selecting me as the Lieutenant Governor of Education and Training. Along with the rest of the new team, we have some exciting things we want to try this year. Opportunities will be explored for gatherings outside of normal club meetings to encourage multi-faceted training for all interested members. Our new Competent Leader manuals encourage us to be involved in planning events and District 19 will help make these possible and engaging to members outside your own clubs and to the public as it applies. We will call these meetings SMARTcrafts and some District resources will be available to help. We especially want to encourage our newer members to attend additional training opportunities to help build networks and open up the possibilities Toastmasters International offers to us all.

This next year we will strive to have the resources available for all to reach for their potential as Toastmasters. Together we will dedicate ourselves to incoming District Governor Doug Doughty's call to 'Empower Every Member!'

### Motivated to Go the Extra Mile



Cliff Scherrer, Sr. Public Relations Officer

My sister Clare and her husband Gary compete in the Boston marathon. Since Gary finishes

sooner than Clare, they agreed to meet at a predetermined location away from the finish line after the race.

This year, after setting a new personal best time, Clare arrived at the

designated meeting location. To her amazement Gary was not waiting for her. Had she finally turned the tables and finished the marathon before Gary? A short time later, the hotel concierge gave her the message to go to Tuft's New England Medical Center emergency room immediately.

All of us have days like this (or years) when our expectations and reality do not coincide. When this happens, what keeps us going?

Sometimes it's adrenaline but mostly it's motivation.

I don't know about you but I think it's safe to say that running 26.2 miles with thousands of strangers is not in my future. Although I admire everyone who participates in the Boston Marathon, I am not personally motivated to partake of the fun myself. This reinforces that everyone is not motivated to do the same

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### Going, Going, Gonged

















































### ...And the Winners Are:







Left: Table Topic Contestants Shirley Buttjer-Harmon, John Hayden, and Dwayne . (Not Pictured: Marilyn Grimoskas) Middle: 1st place winner John Hayden with Lt. Governor of Marketing, Doug Nelson and District Governor Loren Toomsen. Right: 2nd place winner Marilyn Grimoskas during inter portion with Doug Nelson.







Left: International Speech Contestants Mark Wright, Larry Kilmer, Stephanie Merrick, John Hayden, and Jimmy Sidebottom. Middle: 1st place winner Jimmy Sidebottom with Lt. Governor of Education and Training Doug Doughty, and District Governor Loren Toomsen. Right: 2nd place winner John Hayden, Doug Doughty and Loren Toomsen.

### Saturday Evening Banquet









Far Left: Jamie Hosek and Loren Toomsen; Left Middle: Incoming District 24 Governor Joan McAulay; Right Middle: Incoming D19 officers Tom Lindaman, Doug Nelson and Doug Doughty; Far Right: Tom Stockebrand and Carrie Dostal; Below: Skit for the upcoming Fall D19 Conference: "Under Construction"







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### The Final Word: I'm here today to talk to you about... oh, dear!

**By Craig Wilson, USA TODAY** (Article was submitted by Darla Welch, DTM with written permission from Craig Wilson—*E-mail cwilson@usatoday.com*)

As unaccustomed as I am to public speaking, I inevitably find myself behind more and more lecterns, especially this spring. It's a cardinal rule when giving a speech never to confess to an audience that you don't know what you're doing, so I don't. I don't think I have to.

My audiences are very aware they've got a newspaperman talking to them — someone who has spent far more time sitting alone with his computer than standing before a crowd with a microphone. The deer-in-the-headlights look might be a giveaway, too.

Years ago a group I addressed videotaped my talk, and then sent it to me (a cruel thing to do to someone, if you ask me. I've never had the nerve to watch it.) Public speaking made the top 10 list of the "least fun things to do" in a recent survey. It was right up there with dieting and going to the doctor- hardly a surprise. No one seems to care about this fact, however.

I was invited to speak to three groups this month alone: a workshop of writers in Ohio hoping to be the next Erma Bombeck, a group of senior citizens in my neighborhood who fondly remember Erma Bombeck, and a class of sixth-graders at the Sidwell Friends School in Washington, D.C., who didn't have a clue who Erma Bombeck is or was or possibly even cared.

Participants at the Erma Bombeck Writers' Workshop at the University of Dayton, her alma mater, carried note-pads. Some appeared to be taking down my every word. A few scribbled so furiously, I was tempted to stop my talk and ask them to read back what I had just said since I didn't have a clue what I had just said. It reminded me of one of my all-time favorite quotes: "I know that you believe you understand what I said, but I am not sure you realize that what I said is not what I meant."

The group of senior citizens in my neighborhood didn't have notepads. Not a one of them took down even a word I had uttered. I sensed they'd pretty much heard it all before and from folks far wiser than the guy in front of them. In fact, two seniors nodded off as soon as I began talking and slept through my talk. It was right after lunch, and, to be honest, I would have fallen asleep, too, except for the fact that I was standing up and talking.

As for the sixth-graders, they listened to my every word and then asked a bunch of questions, as if what I had just told them might not necessarily be true. There were a lot of "whys?" As there should be when you're in sixth grade and a "grown-up" is talking.

I'm not sure which group was more intimidating — the scribes, the seniors or the sixth-graders.

As Abraham Lincoln once said, "You can fool some of the people all of the time, and all of the people some of the time, but you cannot fool all of the people all of the time."

Somehow, I don't think I fooled any of those sixth-graders. Not for any of the time

### **Listening Corps**

Submitted By: John Carlson

boost visits, ask them to help you.

One of the hardest parts of the Toastmaster recruitment process is getting prospects to a meeting. Rather than suggest they might be interested, they need Toastmasters, or any of a dozen ploys we use to

Ask prospects to help the club by being a part of a Listening Corps. Explain that speakers do a better job speaking the larger the audience, weird as that sounds. Ask them come and *just* listen. Tell

them you will not call on them. They don't have to say anything! Just listen. If your club provides lunch, that of course is another incentive – a free lunch just for being part of an audience listening.

Continued on Page 11

# *COASTMASTERS LEADERSHIP INSTITUTE*

## DIVISIONS CED

Date: JUNE 21, 2008

Registration: 8:00 am Program: 8:30 am

Trained club officers result in more satisfied members, more exciting club meetings, more new members, more Distinguished Clubs, and more Distinguished Districts.

### **Educational Presentations:**

- Learn to Use Your Area and Division Governors
- Becoming a Distinguished Club
- Opportunity Knocks. Will You Answer?
- Debate: Is 55% of Your Message Really Conveyed Non-Verbally?

Food! Prizes! Fun!

### Location:

EMC Building 700 Mulberry Des Moines, Iowa

### Co-Chairs:

John D. Carlson

515-964-7595 515-402-7596 (Cell) jdcandckc@mchsi.com

### Kathy A. Dean

515-681-1167 (Cell) t.dean@mchsi.com

### What does a Toastmasters Leadership Institute (TLI) do for your club?

- · Trains newly elected officers using the expertise of experienced Toastmasters.
- Helps your club meet a Distinguished Club goal.
- · Inspires **all** club members to try new things.
- Shows members there is a life beyond club.

Best of all, you will evaluate the sessions to help shape future TLI sessions. This TLI is on Saturday, June 21, at the EMC Building in downtown Des Moines (700 Mulberry). To access the room, see the building security guard on the skywalk level (can enter building via skywalk direct from parking ramp at 7<sup>th</sup> & Mulberry). Cost of \$3 covers expenses, including a light breakfast.

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### Calling all Toastmasters to Calgary!

"There are not enough words in any language to describe the amazing sense of camaraderie that I experienced [at the 2007 International Convention in Phoenix, Arizona]. I plan to be in Calgary for the 2008 Convention and hope to never miss another Convention. I've turned into a Convention junkie!"

Ellen Cranston, CC, City Centre Toastmasters, Prince George, BC, Canada

In two months -- on August 13 through 16 --Toastmasters' annual International Convention is coming to Calgary's TELUS Centre, and you are invited! Join nearly 1,500 Toastmasters from all over the world for educational opportunities, networking, entertainment and world-class speech contests. But act now, before the Early-bird special pricing ends on July 21!! This is a popular event, and seats are limited.

Here are some highlights you won't want to miss:

- Education sessions delivered by experts on topics covering public speaking, leadership, club and district success, and personal growth. Keynote speakers include Canadian journalist and diplomat <u>Pamela Wallin</u>, Canada's first citizen to scale Mt. Everest, <u>Laurie Skreslet</u>, and Toastmasters Accredited Speaker and humor expert <u>John Kinde</u>.
- The scenic beauty of Banff and the Canadian Rockies await you in less than two hours' drive.
  The World Championship of Public Speaking takes place on Saturday morning, August 16. This is truly the Olympics of Oratory. Come and cheer for your favorite contestant!

For more Convention program information and registration forms, visit <a href="https://www.toastmasters.org/2008convention">www.toastmasters.org/2008convention</a>.

Sincerely, Toastmasters International



### Motivated to Go the Extra Mile (Cont.)

### Continued from Page 3

things or to do things in the same way. That is one thing that makes being a Toastmaster and a human being so challenging.

Toastmasters enjoy a plethora of opportunities but are we motivated enough to partake of them? Hopefully, soon after joining Toastmasters we begin the journey through the communications track on our journey to master verbal superiority. Then we're challenged to recruit new members.

Membership turnover is a part of life in any Toastmasters club, so gaining new members is a good thing. But are we motivated (and brave enough) to step out of our comfort zone and invite a guest?

Then it happens! You're asked to

serve as a club or district officer. Do you have the courage to say, "Yes?" If you are hesitating, here is your motivation. Just as with speaking, the best way to hone leadership skills is to practice, practice and practice them. We need to go that extra mile to become a better Toastmaster and a better leader. You will never know what kind of leader you will be until you go the extra mile and say, "Yes" to a leadership opportunity.

So, what happened to Gary? At mile 12 another runner fell into him causing him to land head first on the pavement. Not only did his head split open, he had severe "road rash" on the palms of both hands. What did he do?

The desire to catch the guy who fell into him was his motivation to get up and run again. But he knew anger would not get him across the finish

line. He focused on setting another personal best record. Fortunately the paramedics grabbed him and tossed him into an ambulance as he crossed the finish line 14.2 miles later.

Back at the hotel lobby, my sister asked, "What is the quickest way to get to the emergency room?" The concierge knew the main streets were closed, the side streets were crowded and that catching a cab would be close to impossible for quite some time. So he simply replied, "Run." And without hesitation, my sister ran an additional one and one-quarter miles to the emergency room.

No matter how tired you feel, find your motivation and go the extra mile. You may be surprised what you can do once you put your mind to it.

### **Tips For Speakers**

By: Connie Gordon, DTM

As I have grown as a Toastmaster, I have found a few things that have worked for me. I would like to share those things with each of you. The questions and tips below are things that I have found that have helped a new Toastmaster and that person's mentor. I hope you find them useful.

# Question 1: We have a member of our club who loves Table Topics but has trouble creating speeches. How can I help them?

Tip: Many speeches can be treated similar to Table Topics. Most 5-7 minute speeches have three main points that can be discussed for 1-2 minutes each. This is the length used to respond to a Table Topic. The speaker simple puts three of these points together with an opening and a close, giving him or her a ready made speech.

### Question 2: We have a new member who gave their Ice-Breaker speech, but is now having trouble creating their next speech. Any suggestions to help them?

Tip: Sometimes new Toastmasters think that they are assigned a topic to talk about. Let them know that it is their choice on what to speak about and that all topics are allowed, even religion and politics if they want. Encourage new speakers to talk about something they know, like or have read. This will relieve a lot of stress on them. Also, let them know that they don't have to give a perfect speech. They will grow in their speaking ability as they progress through the Competent Communication manual.

# Question 3: We have a speaker who really wants to get away from using notes, but they get too nervous. How can we help them?

Tip: There are a couple of things you can try to help eliminate the need for notes. If a speaker is really dependent on notes, then go ahead and write/ type up your speech as normal. After this is done, take a highlighter and highlight (or underline) key words or phrases in the speech. Then place your notes where you can see them, but try to only look at what is highlighted or underlined.

After a period of time you will fine that you don't use your notes as much. Once you get to this stage, try writing the key words or phrases on index cards. These can be placed on the lectern in front of the speaker for easy reference. When a speaker gets more comfortable using the cards encourage them to try and put them in their pocket or face down. After a period of time, most speakers will be able to eliminate their notes.

# Question 4: How can I make my speeches last longer without adding content?

Tip: One of the easiest ways to increase the time of a speech without increasing content is to involve your audience. Build in opportunities for your audience to respond to you. This can be done

by asking questions and waiting for their answers, asking them to raise their hands, asking a volunteer to participate in some part of your speech in front of the rest of the group, or by telling them jokes or funny stories and then waiting for their response.

# Question 5: I am having trouble creating a speech that fits my audience. What should I do?

Tips: You have the ability to define your audience as any group your want with the introduction to your speech that the Toastmaster of the Day gives the audience. If you want the group to be kids, a certain group of professionals, a certain organizations, or whatever; simply write it into your introduction. That will eliminate your problem of the speech not fitting your audience.

# Question 6: I sometimes forget what I wanted to say in my speech. Is there anything I can do to improve this?

Tip: Try using one index card with your major points written on it or use props. If you use the index card, keep it in your pocket or upside down until your absolutely need it. If your use props; select ones that directly relate to key points in your speech. Props can be anything that will remind you of what you want to say.

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Plan NOW, attend later to build YOUR future! Come to Toastmaster's Fall "conference 'construction site' to build a better future!"





UNDER CONSTRUCTION – Building for the Future
District 19 Fall Conference - Oct 31 – Nov. 1, 2008
Quality Inn – Fort Dodge, Iowa

Conference Re	gistration Form:	(please type or print, one form per person)
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Name:	TM Level Achieved:
Address:	City, State, Zip:
Phone Number:E	
Club Name/Number:	First District Conference? (circle one) Yes No
You are a guest? Yes No Special dietary nee	eds?
Choice Saturday Banquet: Beef Vege	etarian
Registration Fees (includes all events - mea	ils)
Site Survey (Before June 30. 2008)\$55	
Groundbreaking (7/1 – 8/31 '08)\$65 On S	ite Inspection will include:
Pouring Concrete (9/1 – 10/30 '08)\$75 Exce	llent meals – Social times
On Site Inspection (Oct 31-Nov 1)\$85 Shop	ping in the D-19 BOOK STORE
	itional Conference Ceremonies
Individual Events: Evalu	uation Contest - Humorous Speech Contest
Registration in advance\$20 Educ	ational sessions with exceptional presenters
Registration on site\$30 DIST	RICT 19 COUNCIL MEETING to vote D-19 matters
Friday evening meal\$16 Door	Prizes – FUN – Entertainment – Favors – FUN – Raffles
Saturday AWARDS Luncheon\$26	

Plan to attend the entire Conference. You and fellow members may access this registration form to print off - or register online on the District 19 website: <a href="http://district19.us/conferences/2008fall/">http://district19.us/conferences/2008fall/</a>

Make check payable to: **DISTRICT 19 TOASTMASTERS.** Mail with registration form to: Shirley Wolf, ATM-B Fall Conference Registration, 3725 Zearing Ave. Farnhamville IA 50538. Registration queries? Contact Shirley Wolf at <a href="mailto:saw@wccta.net">saw@wccta.net</a> or H: 515.544.3288; W: 515.544.3281. For Conference questions, contact Conference Co-Chair, Jason Kolacia at <a href="mailto:jason.kolacia@l-3com.com">jason.kolacia@l-3com.com</a> or call Cell: 515.227.9594; or Co-Chair, robert.laborde@l-3com.com or at H: 515.576.3442; or Cell: 515.570.7800.

Accommodations: Rooms have been reserved at the Quality Inn (south on Hwy. 169 - - 515-955-3621) Ask for special Toastmaster rates of \$59.99 plus tax, whether one or four per room.

After October 25, rooms and/or the special Toastmaster rate are subject to availability.





Saturday evening banquet ......\$35







		Awar	ds/ Recognition			Contacts:
<b>CC</b> 386	Lucy O'Brien Sandra Wales		Kyle Troyer Dennis May Jared Brinkmeyer	4804 <b>CL</b>	Bill Castle	Loren Toomsen, ACG District 19 Governor district19governor@district19.us
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1991 1991 1991 2187	Kathleen Dean Richard Langholz Marilyn Garvey Noel Hindt	1209 1951 3049 3193	Joni Lakin Eric Pearson Ginger Shipp Harry Keaims	711779 813971 OCL	Jenna Hobbins Thomas Kindaman	Training education training@district19.us  Doug Nelson, ACS Lt. Governor of Marketing
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Listening Corps					Jeanne Hunt, ATMS	
The H Club, I techni	ON Toastmasters Muscatine, used this que to boost atten-	meetin training Power An em	ot moved out of their g room and into the g room at lowa in the Ruan Center. ail went out to eve-	we wou them u four me	ve saw the nudges uld start signing p. At the end of eetings we had up thirteen.	Division D Governor  William Eddy, DTM  Division E Governor

dance and membership successfully. The pizza was also a big help. And since this was a corporate club, when a guest figured out how painless Toastmasters was, saw the fun. walked out with a full stomach, and found out the company would pay their dues, they signed up. At one time, there were thirtysix members.

had the same issue about eight regular attending members. Then the

ryone I could think of asking for listeners to come and help us speak better! Bring your lunch!! Brown bag it! And I promised we would not call on anyone or ask anyone to say anything. Just come and listen! We filled the room. I invited everyone to return and visit four meetings. I explained I suspected after the fourth meeting we'd see people nudge the per-Ruan Center Toastmasters son next to them and say, "I can do a table topic as well as that guy over there." I warned them

If you can get folks to a meeting, especially a couple of meetings, you can generally get them to see the value and fun of Toastmasters. A Listening Corps is a painless way to fill a room. Now make sure your meetings run smoothly, everyone is prepared, handles their roles effectively and everyone is super friendly to the guests. Invite them back. Then watch the growth.

Cyndi Hanson, ACG District Secretary secretary@district19.us

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# TOASTMASTERS INTERNATIONAL DISTRICT 19 OFFICIAL NEWSLETTER

D19 Toastmasters 2400 26th St



Des Moines, IA 50310

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### http://district19.us

Speak from the heart, your message will start.



**Disclaimer:** Articles in the newsletter are not necessarily the opinions of the district or the newsletter staff, but are the opinions of articles author.

### Celebrating their 60th Anniversary

Submitted by: Kevin Kelly VP of Membership

Plans are being made by the Ottumwa Toastmasters (Club 663) to celebrate their 60th anniversary as a public speaking and leadership organization. The club was charted on November 1st, 1948 and is rich in history and long on tenacity. The club meets each Tuesday evening at 7:15 P.M. in Room 121 of the Advanced Technology Building on the campus of Indian Hills Community College.

So put a day or two back in the Fall, to help us celebrate this great achievement. This isn't your Mom or Dad's Toastmaster club, this is "the" club. Stay tuned to the Transmitter for the time and date of our 60th anniversary celebration.

### 2008-2009 District Officers

Loren Toomson

District Governor

Doug Doughty

Division B Governor

Lt. Governor of Education

& Training

Doug Nelson

Susan Saltou

Division E Governor

Ann Mangan

Immediate Past District

Governor

Governor

Frank Veach

Lt. Governor of Marketing
Thomas Lindaman
Division A Governor
James Wettestad