

# **2020 DISTRICT 19 HUDDLE SESSIONS**

## **Track 1: Leadership**

### **Mapping Your Life, from Career and Beyond!:**

#### **Presented by Sherry Sullivan, DTM (Toastmasters)**

What steps did you take to reach where you are today? Were they educational? Professional? Do you think about the steps you should take to get where you want to be? This session will take a dive into mapping out goals in life, whether it be a career goal or a life mission.

### **The Melting Pot of the Workplace: How Diversity Strengthens The Team:**

#### **Presented by Sailu Timbo, Vice President, Community and Diversity Relations (Hy-Vee, Inc.)**

Our communities and workplaces are great cross sections of talents and skill sets that can benefit everyone. How can you use your own skill set and those of others to build leadership? This session will break down how diversity is a building block of leadership.

### **Humility in Leadership:**

#### **Presented by Cindy Irvin, IP3 (Toastmasters)**

It takes a person who listens and learns to truly lead. Where does that humility come from? In this session, take in some facts about humble leaders and learn where humility helps leadership.

### **Toastmasters and Rotary: Building a Leadership Bridge:**

#### **Presented by Theresa Mickelson, DTM (Toastmasters)**

Providing members with more opportunities for personal and professional growth is at the core of the newly formed Rotary/Toastmasters strategic alliance. Rotary and its members have a long history of promoting peace and working to address the underlying causes of conflict in communities around the world. Come learn how you can become empowered to partner with Rotarians, and provide a presentation that creates a working partnership in your community.

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## **Track 2: Communication**

### **Building Your Best Speech:**

#### **Presented by Ben Trachsel, DTM (Toastmasters)**

Introduction, body, conclusion. The tried and true method to building a speech. It is easy to say that, but what does one write about? How does one form an impactful introduction or a well crafted conclusion? This session will provide some insight and inspiration for those questions and the best speech!

### **Weaving a Tale: How to Storytell:**

#### **Presented by Tony Dahlman, DTM (Toastmasters)**

Personal anecdotes can really enhance how a speech is understood by an audience. In fact, everyone is a storyteller on a daily basis: how their night was, shows they watched, and more! But how far is too far when sharing stories? Is there a way to make a story more impactful? This session will show just how easy it is to make storytelling a part of a speech and how easy it is to weave a story into something all audiences can enjoy.

### **Where's Your Hands? No Nonsense Knowledge of Presentation Mastery:**

#### **Presented by Mathew Kanour, VC5 (Toastmasters)**

Body language is such an integral part of public speaking. It reflects on preparedness, quality, and accessibility of the content of the speech. Do you relate to a speaker if their hands are in their pockets? Maybe behind their back? What makes for good body language and hand gestures? Learn how to speak with your hands and your body language in this session!

### **Professionally Captivating Your Audience:**

#### **Presented by Dave Spencer, LD5 (Toastmasters)**

Between finding your voice for a speech or how you present it, every audience should find a way to take something from a presentation. From the most mundane to the most exciting information, a speaker can give an audience something to remember. In this session, learn the fine tuning and finessing to make a stone of a speech shine.

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## **Track 3: Toastmasters**

### **Pathways Support:**

#### **Presented by Lisa Persels, MS2 (Toastmasters)**

What is Pathways? How do you navigate through Base Camp? How do you submit your completed projects? All fantastic questions and all questions this session will answer along with tips and tricks to make the new Toastmasters Educational system easy to use for everyone from a new club member to a tenured speaker.

### **Club Growth Presentation:**

#### **Presented by Kris Sheehan, DTM (Toastmasters)**

Many clubs across the globe work hard to retain the members that they have through exciting meetings and consistency. But how do clubs bring new members in to see these meetings happen? This session will break down how to build a strong membership campaign to grow your club!

### **Membership 101:**

#### **Presented by Pearl Fernandez, DTM (Toastmasters)**

Are you new to the Toastmasters organization within the last two years? Why are you a Toastmaster? What are your Toastmasters goals? Did you know that your achievements can be sent to your boss? Whether you want to map out your success through mentoring, reach beyond the CC manual and Level 1 Pathways or get tips on how to achieve the coveted Triple Crown Award, we will share how Toastmasters can help you achieve your goals through working together.

### **Leadership 101:**

#### **Presented by Orville Reid, DL1 (Toastmasters)**

Do you have what it takes to be a good leader? Of course you do! In this session, you will be given tips on how to be a good leader from the Toastmasters Leadership Excellence series.