



## Friday, April 30, 2021

### Keynote Speaker David Brooks - Friday @ 7:00PM

David Brooks, DTM, is a speaker, speechwriter and speech coach who has traveled the world as a result of a seven-minute contest speech 30 years ago.

His World Championship speech, Silver Bullets, is frequently cited as the most memorable contest speech in Toastmasters' contest history.

Why? Because it was a classic message with timely references. It made the audience think, feel, and respond.

That's what he will discuss at our District 19 virtual conference: how to think about speechwriting not for the moment, but for the ages.



As part of registering for the District 19 Spring Conference, you will receive access to a digital MP3 of David's Speaking CD – a \$60 value!





### **Saturday, May 1, 2021**

# Improv Workshop – Saturday @ 11:00AM Presented by Crossroads Storytellers

Crossroads Storytellers is an Advanced Toastmasters Club where improvisation replaces Table Topics. Improv is a great exercise to strengthen your ability to speak and collaborate spontaneously. Despite what you may have heard, it's really fun! This session is about showing you how, then letting you play. There will never be a more low- risk chance to try. (Besides, it's Zoom. If it's too scary, you can pretend you're not there...)

# Mindful Leadership in the Covid Era - Saturday @ 11:00AM Presented by Bindu Chintha

Are you interested to understand yourself more deeply and how to use your superpower residing within you to not only live a happy, successful life but lead others to live one? If you've answered yes, this session is for YOU!

The session will help you identify Mindful Leadership skills, build these skills into strengths, and enjoy consistent performance in the pursuit of life objectives.

#### A little about the Speaker:

Bindu Chintha is a certified Project Management Professional & certified Scrum Professional and has been working in technology and leadership for more than 20 years. She is a certified Yoga & Mindfulness Trainer, teaching both subjects for more than ten years. She is a passionate member of Toastmasters for the past seven years and acquired her Distinguished Toastmaster award. She is a motivational speaker presenting inspiring talks in her signature Podcast show – Inspire & Empower!

Bindu loves to run and is a seven-time marathon runner with recently running the iconic marathons - The Chicago, The New York, and The London Marathon!







#### Rhymers Get Together – Saturday @ 12:45PM

This group will speak to us from Newfoundland about their storytelling group faithful to a Scottish tradition of telling stories in rhyme. Their members include storytellers from Ireland, Scotland, Canada and the United Kingdom. Ken Parsons, a member, first came to our attention at the Free Storytelling Workshop. He shared his story about Kevin, the Live Cooked Lobster.

# Feedback Loops - Saturday @ 12:45PM Presented by Orville Reid

Feedback loops improve systems and processes, leading to excellence and goal attainment. In this session, you will learn what feedback loops are and how to harness their power to address the most difficult challenges your club faces.

Participants will critique the following:

- \* A club marketing plan
- \* A guest invitation program
- \* A new member orientation/onboarding process

#### A little about the Speaker:

Orville Reid was first introduced to feedback loops when he studied Aerospace Engineering. Since then, he has applied the principle of feedback loops in his professional and private life with success.

He draws on his nearly two years of experience as Area 21 Director and Club President in his bid to apply the principles of feedback loops to Toastmasters clubs.







# Speaking in Color – Saturday @ 2:15PM Presented by Berlinda Owens

Toastmasters is a diverse international organization. We are fortunate to have many members in our local clubs from different cultures and races. Have you wondered how their experience of Toastmasters or living in the Midwest differs from yours? How might their unique perspective of our local culture enlighten us? Join Berlinda and others as they share their perspective.

#### A little about the Speaker:

Berlinda Owens currently serves as the Vice President of Education for Downtowners Toastmasters Club. Born in Alabama, grew up in Cedar Rapids, IA and now resides in Hiawatha, IA with her husband, Ken. She was the 2019-2020 recipient of Toastmasters International, District 19, Area Director of the Year Award for outstanding service and exceptional leadership. A 2017 recipient of Waypoint Tribute to Women of Achievement in Service to the Community Award. She is a Certified Life and Grief Coach and the former owner and CEO of Illuminate Life & Grief Coaching, LLC.

# Great Evaluations Presentation – Saturday @ 2:15PM Presented by David Lopez

David currently serves as the Area 44 Director and Club President of Speakeasy. Since joining Toastmasters in 2011, he has served in various club officer roles and competed in multiple speech contests where he milked jokes about being single for every drop of humor he could get. To the relief of everyone who was sick of jokes about being single, David is now married and lives in Dubuque, where he works as a data analyst for Hodge.

#### A little about the Speaker:

David has been a Toastmaster for ten years. During this time, he's held many officer roles. Currently, he is Area 44 Director (for the second time). David presented the *Art of Effective Evaluation* in May 2020 and has presented at TLI's on several occasions. He is a proud member of SpeakEasy Toastmasters Club in Dubuque.