

October 29, 2022 District Huddle

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| 8:15 AM - 9:00 AM | Coffee Talk/Networking/Registration | |
| 9:00 AM - 9:10 AM | Opening Ceremony | |
| 9:10 AM - 9:15 AM | Break | |
| 9:15 AM - 10:00 AM | <p>In this workshop, you will hear from two Linn Mar High School students and two Sunrise Marion Toastmasters on their partnership with the Youth Leadership Program. They will share the benefits of the program, the student perspective, the materials used, and how you can start a program with your local school.</p> <p style="color: #ffcc00;">- Toastmasters Jane Schlegel and Dana Lampe</p> | <p>Leading with less stress and more energy, make decisions with greater clarity, build trust and safety within your team, and mentor your team to maximize its potential and yours.</p> <p style="color: #ffcc00;">- Toastmaster, Jennifer Zach, Zach Coaching LLC</p> |
| 10:00 AM - 10:15 AM | Break | |
| 10:15 AM - 11:00 AM | <p>Creating welcoming and inclusive environments, tactics for becoming an inclusive speaker and valuing each person as their authentic self</p> <p style="color: #ffcc00;">- Mary Beth Hart, Director, Community and Diversity Relations at Hy-Vee</p> | <p>Learn about the mechanics of being a Chief Judge and the administrative pieces that make contests work.</p> <p style="color: #ffcc00;">- Toastmaster, Mathew Kanour, District 19 Program Quality Director</p> |
| 11:00 AM - 11:15 AM | Break | |
| 11:15 AM - 12:45 PM | <p>Hall of Fame Luncheon</p> <p style="color: #ffcc00;">Dr. Sharon Collins Presentation</p> <p>Awards Presentation - Carrie Dostal, IPDD</p> | |
| 12:45 PM - 1:00 PM | Break | |
| 1:00 PM - 1:45 PM | <p>Becoming a skillful evaluator has a powerful positive effect on every aspect of life. Interpreting body language, focused listening, and providing valuable feedback are skills that can improve relationships and foster growth.</p> <p style="color: #ffcc00;">- Toastmaster, Sherry Sullivan, DTM</p> | <p>Preparing to be a Speech Contestant</p> <p style="color: #ffcc00;">- Toastmaster Mathew Chavers</p> |
| 1:45 PM - 2:00 PM | Break | |
| 2:00 - 2:45 PM | <p>Tellers Bridge will provide examples of different types of stories and discuss what makes them effective and memorable.</p> | |
| 2:45 - 3:00PM | Break | |
| 3:00 PM - 3:35 PM | <p style="color: #ffcc00;">Crossroads Storytellers Activity</p> | |
| 3:35 PM - 4:20 PM | <p>How communication can reflect inclusivity and open up new audiences to Toastmasters</p> <p style="color: #ffcc00;">- Alexis J Davis, United Way Central Iowa, Strategic Communications Project Manager</p> | |
| 4:20 PM - 4:30 PM | Closing Ceremony | |